



AMC Group of Educational Institutions, Manisseri

(Affiliated to University of Calicut)

Ottapalam, Palakkad District, Kerala State - Pin 679521

EMAIL : amcottapalam@gmail.com Website : www.amc-college.com



Go Green



CRITERION	5- STUDENT SUPPORT AND PROGRESSION
KEY INDICATOR	5.3 STUDENTS' PARTICIPATION
METRIC NO.	5.3.3- AVERAGE NUMBER OF SPORTS AND CULTURAL ACTIVITIES/EVENTS IN WHICH STUDENTS OF THE INSTITUTION PARTICIPATED
FILE DISCRPTION	ADDITIONAL PHOTOS (CULTURE & SPORTS) FOR THE YEAR 2020-21.

Christmas celebration 2020-21









Sports 2020-21



ANNUAL REPORT 2020-21
PHYSICAL EDUCATION DEPARTMENT

ACTION PLAN

SL NO	ACTIVITY	DESCRIPTION	PLANNED ON (MONTH)	RESOURCE PERSON (YES/NO)	TARGETTED STUDENTS NUMBER	FUND REQUIRED (YES/NO)
1	FOOTBALL CLASS WISE		SEPTEMBER		EACH CLASS ONE TEAM	
2	CRICKET CLASS WISE		SEPTEMBER		EACH CLASS ONE TEAM	
3	HAND BALL FOR GIRLS		OCTOBER		2 TEAM	
4	VOLLEYBALL		OCTOBER		EACH CLASS ONE TEAM	
5	SPORTS DAY		NOVEMBER			YES
6	ONLINE WEBINAR		NOVEMBER	YES		YES
7	ONLINE QUIZ COMPETITION		NOVEMBER			

The Physical education Department conducted the following programs in this academic year

- A Webinar on Physical activities for Physical and Mental Stress Relief. Resource Person Sri. Moideen.O.A, Assistant Professor and HOD, MES Kalladi. Around 200 students were participated.

AMC Group of Educational Institutions, Manisseri, Ottapalam
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Inauguration
on 18 Sep 2020
6:30pm

A Webinar on
**Physical activities for physical
and mental stress relief**

Resource Person
Sri. Moideen. O. A
Assistant Professor & HoD
Dept. Of Physical Education
MES Kalladi College Mannarkkad
Former Kerala Ranji Team Strength
& Conditioning Coach
Kerala Hockey Team Fitness Trainer
Calicut University Cricket Coach

Dr. Biju K
(Principal)

Student
Co-ordinator
Adarsh (3B.Com)

Organized By
Physical Education Department

Welcome Adress
Sirajudeen P A (3BA)

Vote of Thanks
Vijiithra T M(2B.Com)

Asst. Prof. Jagadheesh C
Physical Education
Staff Co-ordinator

For more details Contact : 9745489719

- IPL Prediction Contest 2020, the Prediction was conducted through Google form. Around 50 students were participated and first prize held by MuhammedArshak from I Co-operation, second prize shared by Sreerag. P.P (I Co-op), Vismaya T.S (II finance) and VarshaT.P(II BBA).



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IPL Prediction Contest - 2020

The prediction will be carried out in **Google form**

Playing IPL is like taking MBA in Cricket. -AB de Villiers

Teacher Coordinator: Jagadeesh. C, Asst. Professor (Commerce)

From 3rd Nov 2020 to 5th Nov 2020.

Student coordinator: Vipin, III B.Com Cooperation

Organized by Department of Physical Education

FOOTBALL SELECTION CAMP

Physical education department was conducted a football selection camp at collage ground on 11/1/2021 Monday at 3.30. For the camp selection 50 students are registered through Google form and 22 students are participated. The camp selection was done by ANSHAD K (D LEVEL licence holder)



CRICKET CAMP SELECTION

Physical education department was conducted a selection camp for cricket at collage ground on 12/1/2021 Tuesday at 2.30 pm. The selection was only for first years and second year students. For the camp 18 students are registered and 12 students are participated. MUZAMMIL (OLD STUDENT) was the selector.



VOLLEYBALL CAMP SELECTION

Physical education department was conducted a selection camp for volleyball at collage ground on 26/2/2021 Friday at 2.30 pm. The selection was only for first years and second year students. For the camp 19 students are participated. Final year students were conducted the selection procedure.



- Our Cricket Team were participated in C-Zone Cricket on 05.03.2021 at S.N.GS Pattambi. They won first two rounds. Around 18 students were participated.



- Our Badminton team were participated in C-Zone on 24.03.2021. Around 6 students were participated.



- Our Volley ball team were participated in C-Zone on 07.04.2021 at Yuvakshethra College, Mundoor. Around 12 students were participated.



- Our Football Team were participated in C-Zone on 08.04.2021 at MES Kalladi. Around 22 students were participated.

