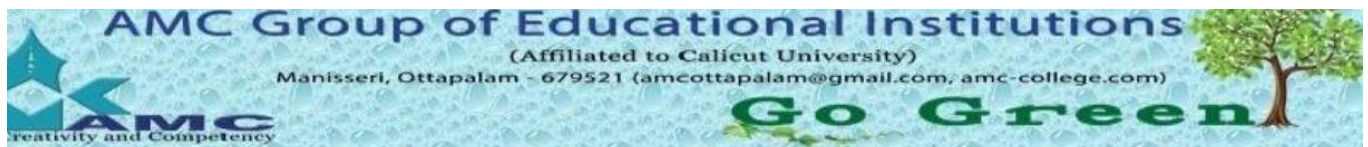


Workshop on Overcoming Stress during Online teaching and learning

The college counselling cell CARE in association with ICCONS,GOI, Centre for counselling,shoranur conducted a one day webinar among students on 14th February at 2 pm through online PLATFORM google meet.

Nisha Sasikumar, college Vice principal delivered welcome and the program Inaugurated by Mrs. Sarala K T ,NSS Programme officer . session was handled by Deva Pramod V B, senior clinical psychologist. Main aim of the webinar was to explain how to come out of the lock down stress among students and faculties. Due to online learning package during Covid times. Around 56 to 60 participants including students and faculty members actively participated in the session and interacted with the resource person.



WEBINAR ON FEBRUARY 14th 2021

"OVERCOME YOUR ONLINE STRESS AND ENJOY YOUR ACADEMICS"

Resource person



**DEVA PRAMOD V.B., CONSULTANT
PSYCHOLOGIST & BEHAVIOUR THERAPIST**

Organized by
Counselling Cell (CARE) in association with
ICCONS, Shoranur.
Student co-ordinator .Krishnaja P

Online Participation list of the webinar

Sl no	name	year	program
1	Nisha Sasikumar	Faculty	Management
2	Nigitha K G	2020	Commerce
3	Krishnaprasad	2019-22	<u>B.com</u>
4	Muhammed Naseem Khan .p	First year	Bcom CA
5	Rajeesh. M	Second year	Bcom finance
6	Pranav.U.S	2021	Bcom fin
7	Faisal mv	2019-22	Bcom finance
8	AKARSH M	2019-22	Bcom finance
9	Abiram. P	2019-2022	B. com finance
10	Junaid k	1year	B.com corporation
11	Aneesa k b	1st year	B.com Finance
12	Swathy Krishna	First year	BA ECONOMICS
13	Adithya Krishnan	2021	Bsc(Hons.) Agriculture
14	Aswathy C K	1st year	B com finance
15	Muhammed Ershad	2nd year	Bba finance
16	Anjana surya ks	1 year	BA Economics
17	<u>NAYANA.PG</u>	2021	BA economics first year
18	Rajan K	2021	Economics
19	Vasanthi P	2021	Economics
20	Nimmi T	First year	Bcom co-operation
21	Kavyakrishna	2021	Bcom finance

22	Akshaya.N.J	2021	B.com finance
23	Surya G krishna	1 year	B. Com finances
24	Vibin.m	First year	B.com ca
25	Siji S	2020	Bcom co-op
26	Remyakrishnan.k	First year	B.com Finance
27	Muhammad Abdul javad	1st year	B com CA
28	Sandra p	2021	B com CA
29	Saranya ku	First year	B.comCA 2020-2023
30	NITHINDAS. M	2020-2023	B. Com Finance
31	Mufasina A	2020	bba
32	Anurag. M	2020_23	Bcom. Ca
33	Vyshag b	2020	Bcom finance
34	Serajul muneer	1st year	Bcom CA
35	Vasandhi A	2021	B.com finance (2nd year)
36	Shyam.k	1st year	Bcom computer application
37	UNAYS P N	2019-2021	3rd BBA
38	Arjun	3rd year	Bba
39	Amritha k	First year	BBA HRM
40	Abhaydas v	2021-22	BBA
41	Namitha.v	2020_2021	BBA HRM
42	Shahulhameed. V	2020-23	Bcom finance
43	Sruthi . N	3 rd year	BA ECONOMICS
44	Anusha P Nair	Faculty	Management
45	Rahul	2nd year	B.com comparation

46	Vibi R	3year	B. Com co-operation
47	Rinshana PP	3rd year	BA. Economics
48	Muhammed Jamal. A	1st Year	BA Economics
49	Muhammed anas k a	First year	B com finance
50	Dr Byju K	Principal	Principal
51	Ridhikkrishna E R	3rd year	B. Com co-operation
52	Muhammed niyas ks	2021	Bcom Ca
53	Denni Dani	3rd year	B Com cooperation
54	NIKHIL P	2021	BCOM FINANCE
55	Javad ali p.m	Second year	B.com finance
56	Jassin	2020-2023	b.com finance

