

Calma Naturale

Adjust Your Crown



*Connecting with your
Soul Star Chakra*

Open and Connect to Your Soul star Chakra!

Continue your personal wellness journey with these exciting additional tools!

This experience will provide you with what you need to connect to the Soul Star and Ground with your Earth Star Chakra. Expanding your personal growth, self-awareness, and a deeper understanding of your purpose and connection to the universe.

Your Experience will include:

1. **Your own** personal set of Holy Fire Reiki Imbued Crystals to elevate your energy during the Holy Fire and Crystal Reiki healing portion of the event. This is part of your session at no additional charge to take with you and use again and again.
2. You will be welcomed to lie on our gently warmed table, with a fully charged Amethyst and Black Crystal filled Energy pillow with neck support. Each Client is given a disposable eye mask and will wear sanitized headphones to limit outside noise and light disturbances to be able to fully enjoy our relaxing recorded guided meditation while Reiki is being imbued.
3. Soothing vibration Sound Healing will be provided using Medical Grade Tuning Forks, tuned to the correct MHz for the Soul Star and Earth Star Chakras!
4. All linens will be changed and the table sanitized between client sessions for max comfort. If space permits, we will also have a privacy screen for your relaxation.
5. This is all included in the \$25 Price as your wellness is very important to us!

What are the Soul Star and Earth Star Chakras?

The "Soul Star Chakra," also known as the Soul Star Chakra or 8th chakra, is a concept in spiritual and esoteric traditions. It's positioned above the head, often symbolized as a white or silver star, and is believed to be a gateway to higher consciousness, spiritual wisdom, and the soul's connection to the divine. It's associated with the higher self, past lives, and our connection to the universal soul.

☐ Location and Symbolism:

- The Soul Star Chakra is located a few inches above the head, often visualized as a white or silver star.

☐ Function:

- It's believed to connect us to our higher self, spiritual guidance, and the soul's past experiences.

☐ Purpose:



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- It can be used for personal growth, self-awareness, and a deeper understanding of one's purpose and connection to the universe.

□ Activation:

- Various techniques like meditation, affirmations, and visualizations can be used to activate and balance the Soul Star Chakra.

In essence, the Soul Star Chakra is a spiritual tool for connecting with our higher self, accessing wisdom, and understanding our soul's journey.

The "Earth Star Chakra", also known as is an energetic center located outside the physical body, roughly 15-30 inches below the feet, serving as an anchor for the entire energy body and chakra system, connecting you to the Earth and grounding your higher energies.

□ Location:

- The Earth Star Chakra is situated outside the physical body, around 15 to 30 inches below the feet.

□ Function:

- It acts as an energetic root, connecting you to the Earth, and is considered the foundation of your energetic system.

□ Purpose:

- It grounds your higher energies, promotes stability, and fosters a deep connection to nature and Mother Earth.

□ Grounding:

- This chakra is the ultimate source of grounding, connecting you not only to the Earth but also to all of humanity.

□ Benefits of Balancing:

- Healing the Earth Star Chakra can lead to a greater connection to nature, a strong feeling of safety and groundedness, and the ability to dispel negative energy.

□ Other Names:

- It's sometimes referred to as the "super root" or "Chakra Zero".

□ Color:

- It is traditionally associated with the color Black or Amber Brown

□ Root Chakra vs. Earth Star Chakra:

- While the Root Chakra connects you to the Earth through your physical body, the Earth Star Chakra connects you to the core of the Earth and grounds your entire chakra system.

□ Affirmations:

- Affirmations can be used to empower your Earth-star connection, such as: "I am guiding my energy towards Earth," or "I am harnessing Earth's nurturing power".

□ Practices:

- Practices like walking in nature, gardening, yoga, meditation, or dance can help connect with your physical body and the Earth Star Chakra.



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Calma Naturale Thanks you for your support, we look forward to being of service on your personal wellness journey!

Visit us on the web @ www.calmanaturale.com

