

SHAKE & FREEZE

Today, your child learned that Paul and Silas loved God and wanted to tell everyone about him. They even celebrated God by singing after they were thrown in jail. While they were singing, the jail started to shake, and the doors flew open! Wow! We can celebrate God too. Turn on some music and have fun with a shake and freeze dance party. (Check out the Waumba Land playlist on Spotify for some great tunes.)

Here's what to do:

- 1** Encourage your child to get their wiggles out as they shake and dance to the music.
- 2** Randomly pause the music, say “freeze,” and encourage your child to freeze into a silly pose. Turn the music back on and continue to shake and freeze as you play.
- 3** Talk about Paul and Silas and how they trusted God when the jail shook. Remind your child that they can trust God too!