

Reopening ATS

A Draft Framework for
Restarting Normal Operations

“Our reality:
We will be living with the
virus until there is immunity,
which is many months off”

Kate Brown
Governor of Oregon

THIS IS A DRAFT PLAN

ATS MUST CHANGE THIS PLAN
IF THE GOVERNOR SAYS TO

PLEASE BE READY FOR THIS
PLAN TO CHANGE AT ANY
TIME

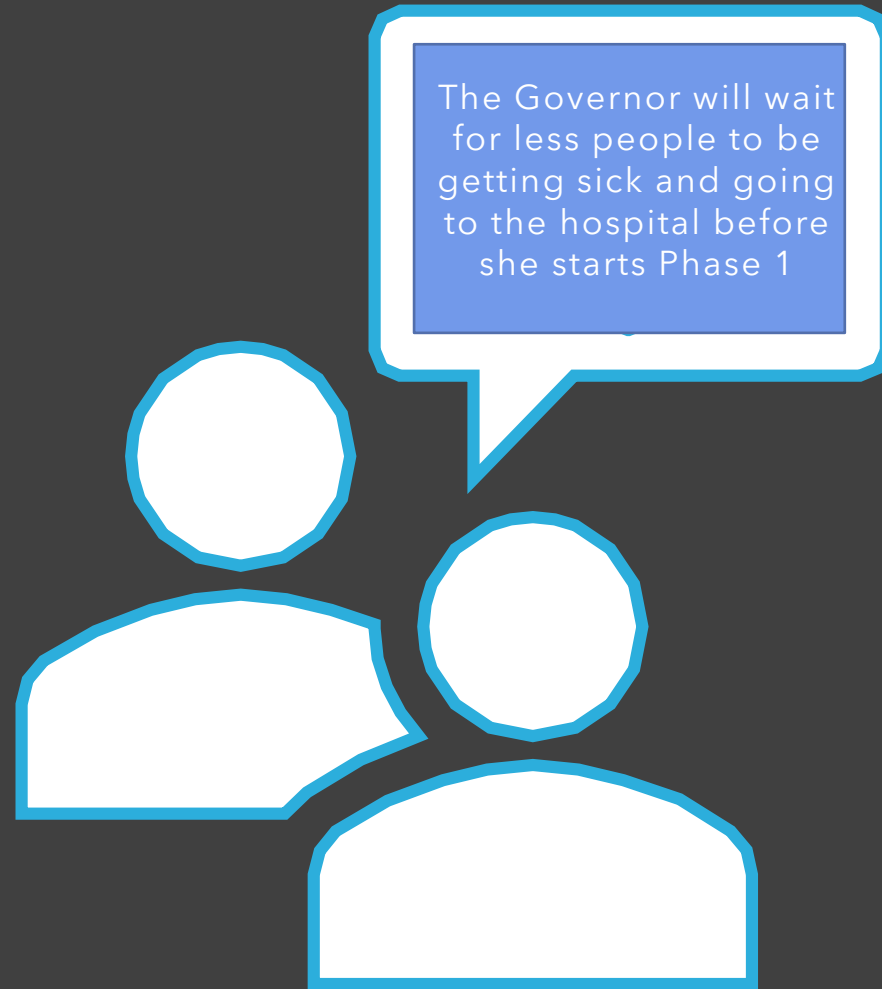
Danya Ochoa
Director
Ability Training Services

Phase 1
Phase 2
Phase 3

We will reopen ATS slowly and take baby steps (in phases) and go back to normal operations when Governor Kate Brown says it is safe.

Governor Kate Brown has 3 phases for reopening

HOW WILL
GOVERNOR
KATE BROWN
KNOW WHEN
IT IS SAFE?



The Governor will wait
for less people to be
getting sick and going
to the hospital before
she starts Phase 1

ATS will make sure **PROVIDERS** are healthy before they work with you each day.

- If a provider has any of these signs of being sick, they will not be allowed to work until they are better:
 - Fever
 - Shortness of breath
 - Vomiting
 - Loss of smell or taste
 - Chills
 - Dry cough (not caused by allergies)
 - Severe headache (not caused by allergies)
 - Runny nose (not caused by allergies)
- ATS will have providers take their temperature before work every day
- ATS providers will all wear gloves and masks for as long as we are told to

ATS will make sure **YOU** are healthy before you come to ATS appointments.

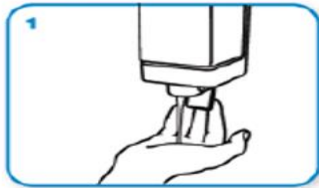
- If you have any of these signs of being sick, you will not be allowed to come to ATS until you are better:
 - Fever
 - Shortness of breath
 - Vomiting
 - Loss of smell or taste
 - Chills
 - Dry cough (not caused by allergies)
 - Severe headache (not caused by allergies)
 - Runny nose (not caused by allergies)
- You will need to take your temperature before every in-person ATS appointment (not Zoom appointments though)
- You will be asked to wear a masks to every in-person appointment (not Zoom appointments though)
- You will be asked to wash your hands before you start an in-person appointment
- You will be asked to wash your hands when entering and leaving locations

To **keep us all healthy** and keep COVID-19 from being given to each other ATS will ...

- Help everyone keep hands clean
- Help everyone practice coughing and sneezing into their sleeves when the appointment first starts
- Make sure that we stay far enough apart to be safe
- Only use TriMet when it is safe
- Only go into businesses when it is safe
- Ask you to go home if you are
 - Coughing
 - Sneezing
 - Get a fever
- Ask you to go home if you touch things or people when a provider asks you to stop because it is not safe
- Ask you to go home if you do not obey all COVID-19 rules of the places we go



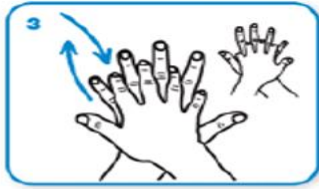
Wet hands with water



apply enough soap to cover all hand surfaces.



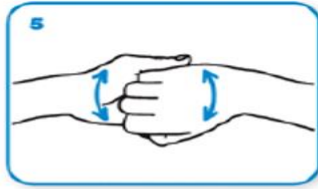
Rub hands palm to palm



right palm over left dorsum with interlaced fingers and vice versa



palm to palm with fingers interlaced



backs of fingers to opposing palms with fingers interlocked



rotational rubbing of left thumb clasped in right palm and vice versa



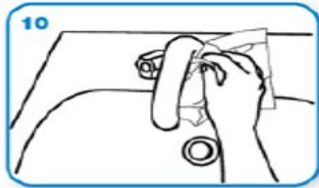
rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa.



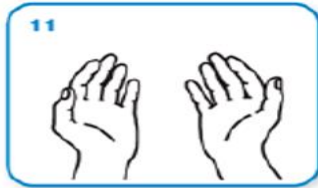
Rinse hands with water



dry thoroughly with a single use towel



use towel to turn off faucet



...and your hands are safe.

HOW TO WASH YOUR HANDS

PHASE 1

**Virtual appointments
are OK**

- **Group events**
- **One on one**

**One on One in person
is OK**

- **At home**
- **Around your
community in
uncrowded areas**
- **Only certain providers
may work with you**

**Community Group
Events in person**

NONE

Transportation

**NONE ATS will not be
able to drive you. You
will need to be dropped
off if you need to go in
the community,**

PHASE 2

Virtual appointments are OK

- **One on one**

One on One in person is OK

- **At home**
- **Around your community in uncrowded areas**
- **More than one provider may work with you**

Community Group Events in person are OK

- **Only go places we can stay very clean**
- **Only go places we can stay far enough apart**
- **May need to pack food because restaurants may be too full**
- **Group events will be limited and may repeat**
- **No retreats**

Transportation is OK

- **Windows must be cracked or down**
- **Keep hands and things to yourself**
- **Masks must be worn in the car**
- **Limited to 4 people per car**
- **Will avoid using TriMet**
- **Cars will be wiped down between appointments**

PHASE 3

**Virtual appointments
are OK**

- **Only used when someone is sick or is getting better**

**One on One in person
is OK**

BACK TO NORMAL

**Community Group Events
in person are OK**

BACK TO NORMAL

**Transportation
is OK**

- **Keep hands and things to yourself**
- **We may use TriMet**
- **Masks must stay on in the car or on TriMet**
- **Limited to 4 people per car**