**Mentor Me Now Foundation Agreement Form**

**Mentoring Agreement Form**

The mentoring agreement form should be developed and signed during the first mentoring meeting. This agreement form serves as a reminder that both the mentor and mentee are voluntarily entering into this partnership.

**Mentor-Mentee Agreement**

The following agreement is made between \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. We are voluntarily entering into this mentoring relationship which we both want to be a productive and rewarding experience. To minimize the possibility of confusion, we have agreed to the following:

**Confidentiality**. All information and content shared between the Mentor and Mentee shall be confidential.

**Expectations.** It is expected that the Mentor will provide educational and developmental advice and guidance, and both parties will work together to identify the Mentee’s personal and professional goals, as well as developing a plan for achieving those goals. It is also expected that Mentors and Mentees will follow all expectations that are established between the mentor and mentee.

**Meetings.** The Mentee and Mentor will meet and talk at least \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ at a time and at a place that is mutually agreed upon. Meeting times, once agreed, should not be cancelled unless this is unavoidable. Meetings that are cancelled should be rescheduled. At the end of each meeting, we will agree on a date for the next meeting.

**Each meeting will last a minimum of \_\_\_\_\_\_\_\_\_ minutes and a maximum of \_\_\_\_\_\_\_\_\_ minutes.**

**Length of Relationship.** Mentoring relationships vary in length depending on circumstances. Our goal is to maintain our relationship for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. However, either party has the option of discontinuing the relationship for any reason provided the terminating party notifies the other.

**Additional Agreements**

We agree that the role of the Mentor is to:

We agree that the role of the Mentee is to:

**Declaration of Personal Effectiveness.** The Mentee promises to reach his/her full aptitude of success and happiness while staying focused, having the willpower, and maintaining a positive attitude through life even after adversity, failures, tragedy, and unforeseen circumstances strike.

I believe this to be true because as my grandmother would say, “What doesn’t kill you make you stronger.” What she meant was trials and tribulations will give you the gifts of wisdom and character. It has for me, because I have literally been through everything you could imagine but managed somehow to stay positive and focused through it all.

The Mentor agrees to be honest and provide constructive feedback while sharing insight on their own experiences as well. The Mentee agrees to be open to feedback that the Mentor shares and will respect the insight and experiences shared by the Mentor.

Mentor’s Signature: Date:

Mentee’s Signature: Date: