**AFFERMATION**

**1. ) 1 am the architect of my life; I build its foundation and choose is content’s.**

**2. ) Today, I am brimming with energy and overflowing with joy.**

**3. ) My body is healthy; my mind is brilliant; my soul is tranquil.**

**4. ) I am superior to negative thoughts and low actions.**

**5. ) I have been given endless talents which I begin to utilize today.**

**6. ) I forgive those who have harmed me in my past and peacefully detach from them.**

**7. ) A river of compassion washes away my anger and replaces it with love.**

**8. ) J am guided Jn my every step by Spirit who leads me towards what *\* must know and do.**

**9. ) (If you’re married) My marriage is becoming stronger, deeper, and more stable each day.**

**10. ) I possess the qualities needed to be extremely successful.**

**11. ) (For business owners) My business is growing, expanding, and thriving.**

**12. ) Creative energy surges through me and leads me to new and brianite ideas.**

**13. ) Happiness is a choice. I base my happiness on my own accomplishments and the blessings I’ve been given.**

**14. ) My ability to conquer my challenges is limitless; my potential to succeed is infinite.**

**15. ) (For those who are unemployed) I deserve to be employed and paid well for my time, efforts, and ideas. Each day, I am closer to finding the perfect job for me.**

**16. ) I am courageous and I stand up for myself.**

**17. ) My thoughts are filled with positivity and my life is plentiful with prosperity.**

**18. ) Today, 1 abandon my old habits and take up new, more positive ones.**

**19. ) Many people look up to me and recognize my worth; I am admired.**

**20. ) I am blessed with an incredible family and wonderful friends.**

**21. ) I acknowledge my own self-worth; my confidence is soaring.**

**22. ) Everything that is happening now is happening for my ultimate good.**

**23. ) I am a powerhouse; I am indestructible.**

**24. ) Though these times are difficult, they are only a short phase of fife.**

**25. ) My future is an ideal projection of what I envision now.**

**26. ) My efforts are being supported by the universe; my dreams manifest into reality before my eyes.**

**27. ) (For those who are single) The perfect partner for me is coming into my life sooner  
than I expect.**

**28. ) I radiate beauty, charm, and grace.**

**29. ) I am conquering my illness; 1 am defeating it steadily each day.**

**30. ) My obstacles are moving out of my way; my path is carved towards greatness.**

**31. ) I wake up today with strength in my heart and clarity in my mind.**

**32. ) My fears of tomorrow are simply melting away.**

**33. ) I am at peace with all that has happened, is happening, and will happen.**

**34. ) My nature is Divine; I am a spiritual being.**

**35. ) My life is just beginning.**

**You can utilize any of these affirmations alone or create your own unique combination based on your personal wishes and needs. What is most important is to establish a profound communication with the universe — so say it with conviction, say it in your own unique voice, and make it happen in the real world.**