






About Us

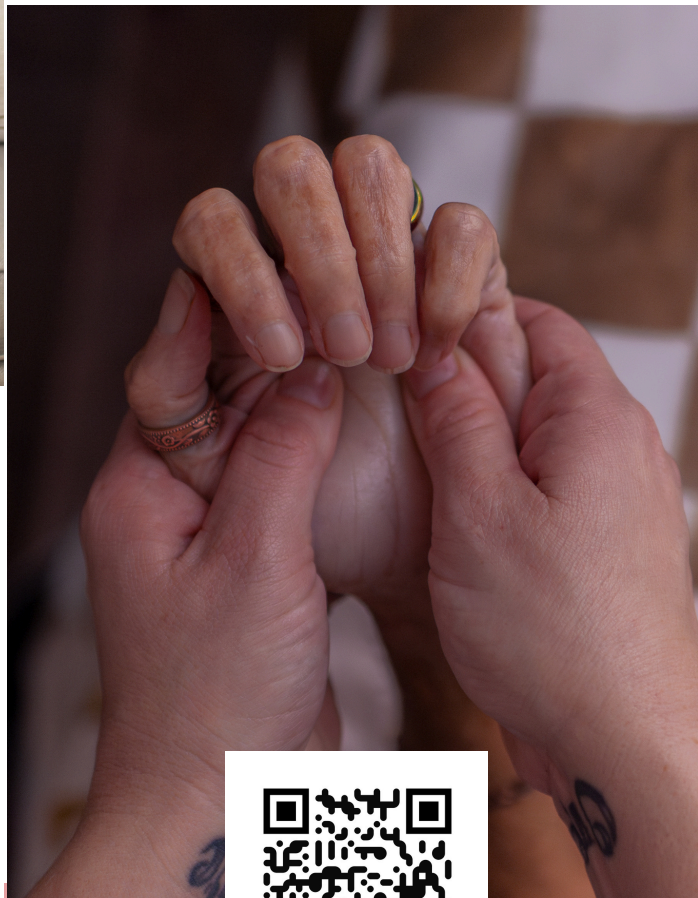
Heroic Hands Bodywork & Wellness, founded by Marine Corps combat veterans, is dedicated to supporting **women veterans, trauma survivors**, and those seeking **restorative healing**. Our sanctuary offers **trauma-informed bodywork, wellness coaching, and integrative therapies** tailored to each individual. Through **compassionate, skilled care**, we aim to **foster healing, resilience, and empowerment** on your wellness journey.

9:00 AM - 6:00 PM
by appointment only

Text [941] 250-6875 to book your massage now!

Contact Us

-  941 250 6875
-  www.heroichands.co
-  623 N. Lime Ave, Sarasota, FL



Our target market is women with trauma, but we treat everyone!



BODYWORK &
WELLNESS

HEROIC HANDS



www.heroichands.co

Our Treatments

- Trauma Informed Care
- Deep Tissue Massage
- Wellness Coaching
- Lymphatic Drainage
- Goal Setting
- Fascial Release
- Cupping
- Anti-Cellulite
- Loving Kindness



Women Veteran Scholarship



We are a **SAFE** place
for you to **HEAL**.



They may forget what you said, but they
will never forget how you made them feel.

- Maya Angelou

SPECIAL OFFER

\$88 for a one-hour
massage for Veterans in
the month of November
2024

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info@heroichands.co