

**ASCENDING ALIGNMENT &
ESSENTIAL YOGA STUDIO
PRESENTS**

**THE
SPACE
BETWEEN**

A GUIDED MEDITATION

DETAILS:

**90 MINUTE GUIDED MEDITATION TAKING YOU INTO THE SPACE
BETWEEN WORLDS TO SIT WITH THE YOUNGER VERSION OF YOU
WHO IS READY TO BE HEARD.**

**LOCATION:
ESSENTIAL YOGA STUDIO
1343 E. MONTCLAIR ST
SPRINGFIELD, MO 65804**

**AUGUST 18, 2024
1:00PM - 2:30PM**

**SPACE IS LIMITED
MUST REGISTER PRIOR TO EVENT**