



**VALLEY FAMILY  
SUPPORT SERVICES LLC**

**Mondays & Wednesdays**

**6:30pm-8pm**

**Starts March 2, 2026**

**In-person**

**Register online under class tab**



# **Parenting Class:**

## **GENERATION HOPE: Rediscovering Parenting in Recovery**

a Nurturing Program for families in substance abuse treatment & recovery



### **ABOUT THE CLASS**

**6 weeks**

**Evidenced-based  
program**

**Family-centered**

**Trauma-informed  
approach**

**Nurturing parenting skills**



### **NURTURING PROGRAM ASSESSMENTS**

Data collected before the formal start the class



Data collected at the end of the class



**540-830-2294**



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