



VALLEY FAMILY
SUPPORT SERVICES LLC

Mondays & Wednesdays

6:30pm-8pm

Starts January 12, 2026

In-person

Register online under class tab



Parenting Class:

GENERATION HOPE:

Rediscovering Parenting in Recovery

a Nurturing Program for families in substance abuse treatment & recovery



ABOUT THE CLASS

6 weeks

**Evidenced-based
program**

Family-centered

**Trauma-informed
approach**

Nurturing parenting skills



NURTURING PROGRAM ASSESSMENTS

Data collected before the formal start the class



Data collected at the end of the class



540-830-2294



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