



**VALLEY FAMILY**  
SUPPORT SERVICES LLC

**Mondays & Wednesdays**

**6:30pm-8pm**

**Starts April 27, 2026**

**In-person**

**Register online under class tab**



# Parenting Class:

**GENERATION HOPE:**

## Rediscovering Parenting in Recovery

a Nurturing Program for families in substance abuse treatment & recovery



### ABOUT THE CLASS

**6 weeks**

**Evidenced-based  
program**

**Family-centered**

**Trauma-informed  
approach**

**Nurturing parenting skills**

### NURTURING PROGRAM ASSESSMENTS



Data collected before the formal start the class



Data collected at the end of the class



**540-830-2294**



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