



WAX PRE-CARE



ABOUT 2-3 WEEKS OF
GROWTH, ROUGHLY THE
LENGTH OF A GRAIN OF
RICE.

GENTLY EXFOLIATE 24-48
HOURS BEFORE (NOT THE
DAY OF).

AVOID
CAFFEINE/ALCOHOL,
CASUES MORE SENSITIVITY
AND INCREASES PAIN WITH
WAXING.

AVOID USING 2-7 DAYS
BEFORE:

RETIN-A/RETINOL-BASED
PRODUCTS

ALPHA HYDROXY ACIDS
(AHAS)

EX. GLYCOLIC ACID

BETA HYDROXY ACIDS
(BHAS)

EX. SALICYLIC ACID



WAX AFTERCARE



STAY HYDRATED!

NO EXFOLIATING 24-48 HOURS
AFTER WAXING TO AVOID
IRRITATION. AFTER THE 24-48
HOURS, EXFOLIATE 2-3 TIMES A
WEEK.

AVOID SWEATING, HOT SHOWERS,
SAUNAS, STEAM ROOMS, TANNING
BEDS, SEXUAL ACTIVITY FOR
ATLEAST 24-48 HOURS.

WEAR LOOSE FITTING CLOTHES AND
COTTON FABRIC TO REDUCE
FRICTION AND IRRITATION.

DON'T TOUCH OR SCRATCH WAXED
AREA.

DON'T SHAVE BETWEEN WAX
APPOINTMENTS.

AVOID APPLYING DEODORANT,
ANYTHING PERFUMED, OR MAKEUP
ON WAXED AREA FOR AT LEAST 24
HOURS.

**KEEP UP WITH YOUR WAXING
APPOINTMENTS EVERY 4 TO 6
WEEKS.**