



AVOID EXCESSIVE EXERCISE FOR 24-48 HOURS.



AVOID MAKEUP ON LIPS FOR 24 HOURS.



DO NOT DRINK ALCOHOL FOR 24 HOURS.



AVOID TOUCHING, PUCKERING, KISSING, DRINKING THROUGH A STRAW FOR FIRST 24-48 HOURS.



AVOID SLEEPING ON TREATED AREA 24 HOURS, TRY TO KEEP HEAD ELEVATED.



DRINK PLENTY OF WATER, STAY HYDRATED.



BRUISING IS COMMON, APPLY ARNICA GEL EVERY TWO HOURS, FOR 48 HOURS FOLLOWING TREATMENT.



AVOID DIRECT SUN OR OTHER FORMS OF HEAT EXPOSURE LIKE TANNING BEDS, HOT TUBS, HOT SHOWERS, AND SAUNAS FOR 48 HOURS.



AVOID SKIN TREATMENTS LIKE FACIALS, MASSAGES, EXFOLIATIONS, PERMANENT MAKEUP, ETC. FOR AT LEAST THE FIRST 24 HOURS.



AVOID ANY BLOOD THINNERS.



BOOK A FOLLOW-UP APPOINTMENT AT 2 WEEKS TO ASSESS FINAL RESULTS AND TO SEE IF YOU'RE HAPPY WITH THE RESULTS.



CALL ME IMMEDIATELY IF YOU EXPERIENCE THESE RARE SIDE EFFECTS: SEVERE SWELLING THAT DOESN'T SUBSIDE, SIGNS OF INFECTIONS, PROLONGED REDNESS, OR ITCHING, ETC.

720-331-9207