

QUERUBINES FAMILY DAY CARE

DAILY SCHEDULE AND ROUTINES FOR FULL DAY CLASS

7:30-8:00-Arrival and free play

8:00-8:30-Breakfast and (Washing hands and toileting).

8:30-9:00-Music and Movement.

9:00-9:20-Circle time

9:20-10:10-Center and Individual time with teacher

10:10-11:00-Outside play o Indoor play.

11:00-11:10-Toileting and washing hands

11:10-11:30-Time to read a story

11:30-12:00-Lunch

12:00-12:20-Toothbrusing

12:30-2:50-Naptime or rest

2:50-3:00-Snacks

3:10-3:30-Story time

3:30-4:15-In door or outside play

4:15-5:00- Free play