

10K ROAD RACE

Incorporating North District 10k Championship

SATURDAY JULY 7th 2018

RACE STARTS AT 14.40

Race starts and finishes at Grant Park, Forres
Scenic Undulating Course

Changing and Registration in Grant Park, Forres
Individual and Team Prizes

Entry Fee £4.50 (£6.50 non registered)

RACE SPONSORED BY
NOBLE TIMBER BUILDING SPECIALISTS
WATERFORD INDUSTRIAL ESTATE FORRES

www.noblestimmerbuildings.co.uk



For pre-entries send this part of the form with s.a.e. to:

Mr. Mike Scott, 7 Fleurs Road, Forres, (Tel 01309 673289) (Cheques to Forres Highland Games)

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NAME _____

Address: _____

Age On Day Of Race: _____

SAL No: _____

Club: _____

Race Held Under SAL Rules.

DECLARATION. (This section must be completed by all entrants)

I hereby declare that I am medically, fit to participate, and I further accept that I enter at my own risk both to myself and to my belongings.

NAME:

SIGNATURE:

DATE: