

FORRES HIGHLAND GAMES

(Under BAF and SAL Rules)

Grant Park Forres

Saturday 7th July 2018

All Track and Field Events Commence 12.45pm

List of Events		Prizes (Cash) £			
No	EVENT	1st	2nd	3rd	4th
01	100m Ladies	30	25	20	
02	200m Ladies	30	25	20	
03	400m Ladies	30	25	20	
04	High Jump Ladies	30	25	20	
05	Long Jump Ladies	30	25	20	
06	Putting the Shot Ladies	30	25	20	
07	800m Ladies	30	25	20	
08	100m Men	30	25	20	
09	200m Men	30	25	20	
10	400m Men	30	25	20	
11	800m Men	30	25	20	
12	3000m Men N of S Championship	40	30	20	
13	High Jump Men	30	25	20	
14	Long Jump Men	30	25	20	
15	1500m Youths	22	20	18	
16	100m Youths	22	20	18	
17	Putting the Rab Ritchie Stane Men	The Prizes for Events 17 to 21 inclusive will be: 1 st - £40, 2 nd - £35, 3 rd - £30, 4 th - £20, 5 th - £15, 6 th - £10 Overall winner £100			
18	281b Weight for Distance Men				
19	Scots Hammer Men N of S Championship				
20	Tossing the Caber Men				
21	561b Weight over the Bar Men				
22	Mixed Relay, (4 X Half Lap) (Ladies Laps 1 & 4).	Team Prize 4 @ £18			
23	Putting the Shot Junior Heavies.	25	20	18	
24	Scots Hammer. Junior Heavies.	25	20	18	
25	Weight Over the Bar Junior Heavies.	25	20	18	
26	Weight for distance Junior Heavies.	25	20	18	
27	Tossing the Caber Junior Heavies.	25	20	18	
28	Noble (Timber Buildings) 10km Road Race. Race starts 2.40pm.	45	35	30	25
Team prize three to count 3 @ £20, 1st Veteran £35, 1st Lady £45, 2nd Lady £35, 3rd Lady £30					
29	100m Boys and Girls Under13 years (Age as at 7 th July 2018)	15	13	10	
30	100m Boys and Girls Under15 years (Age as at 7 th July 2018)	15	13	10	
31	200m Boys and Girls Under 13 years (Age as at 7 th July 2018)	15	13	10	
32	200m Boys and Girls Under15 years (Age as at 7 th July 2018)	15	13	10	
33	400m Boys and Girls Under13 years (Age as at 7th July 2018) EVENT CANCELLED	15	13	10	
34	400m Boys and Girls Under15 years (Age as at 7 th July 2018)	15	13	10	
35	800m Boys and Girls Under13 years (Age as at 7 th July 2018)	15	13	10	
36	800m Boys and Girls Under15 years (Age as at 7 th July 2018)	15	13	10	
Events 29 – 36 prizes will be awarded to the 1st 2nd & 3rd boy and girl in each event.					
ENTRY FEE £1 per event Road Race £4.50 Non Registered £6.50 Medley Relay £2 per Team					
All entry forms to be returned to the secretary, Mr Mike Scott, 7 Fleurs Road, Forres, IV36 1LY (Tel / Fax 01309 673289) together with entry, fee (cheques & PO's payable to Forres Highland Games) NOT LATER THAN WED 27th JUNE 2018					
All competitors must wear official club colours.					
All competitors in heavy events 17 - 21 & 23 - 27 must also wear the kilt and kilt hose.					
Only competitors enclosing an SAE will receive free admission ticket.					
Note: For event 12 (3000Metres North Of Scotland Championship there must be an entry of at least six runners for full prize money to be awarded).					
DECLARATION. (This section must be completed by all entrants)					
I hereby declare that I am medically, fit to participate, and I further accept that I enter at my own risk both to myself and to my belongings.					
NAME..... SIGNATURE..... DATE.....					

SCOTTISH ATHLETICS LIMITED OFFICIAL ENTRY FORM

To the committee of the Meeting to be held on.....

Please enter me for the following:-

Event..... No: (N.B.- The Committee shall not accept any entry
 Event..... No: not accompanied by the appropriate fee
 Event..... No: and have also the right to refuse any entry
 Event..... No: without being bound to assign a reason).

At your Meeting on
 For which I enclose Entry Fee of.....

S.A. Ltd Registration No: _____
Or SGA Registration No: _____

To be completed if Entering Handicap Events

NAME OF MEETING	Date	EVENT	HANDICAP ALLOWANCE	HEAT POSITION	FINAL POSITION
The Last THREE OPEN HANDICAP MEETINGS in which you actually competed					
Your last performance at each of the events (Handicap or scratch) (You must enter details)					
The last event won by you at, or near, the events entered					

I agree to submit to the jurisdiction of the S.A. Ltd
 On all matters relative to this entry and to abide by
 The B.A.F. Laws & Rules for Competition.
 I further agree to submit myself if required for a Doping test

Name.....
 (Block Letters)

I declare that I am an amateur as defined by S.A. Ltd
 Rules and that the particulars are complete and
 Correct in every detail.

Address.....

 Date of Birth

I hereby declare that I am medically fit to compete
 and that I will not hold the organisers responsible
 for any injury, illness or loss to my person or property caused.

Club.....
 Club Colours.....

Signature.....

To be completed if entering Scratch Events: My best performance this year at the events entered is:-

<u>MEETING</u>	<u>DATE</u>	<u>PERFORMANCE</u>	<u>BEST EVER PERFORMANCE</u>