Park Runs Available Every Saturday at 9.30am

- Aberdeen Beach Esplanade
- Crawl Park. Alness
- Aviemore
- Crathes Castle
- Cooper Park, Elgin
- Ellon Academy Community Campus
- Hazelhead Park, Aberdeen
- Bught Park, Inverness
- Mineralwell Park, Stonehaven
- Ury Riverside, Inverurie

JANUARY

Lumphanan Detox 10kThursday 2nd JanuaryLoch Morlich 5k & 10kSunday 5th JanuaryRun 4 It Proms 3k Winter Series AberdeenFriday 10th JanuaryNorth District Cross Country League – PeterheadSaturday 18th January

FEBRUARY

North District Cross Country League – Nairn

Run 4 It Proms 3k Winter Series Aberdeen

Friday 7th February

Huntly Duathlon

Sunday 9th February

North District Cross Country League – Forres

Kinloss to Lossiemouth ½ Marathon

Sunday 15th February

Sunday 16th February

Aberdeen 5k & 10k Winter Warmer Run

Sunday 23rd February

Sunday 23rd February

Sunday 23rd February

MARCH

Nairn 10k – Northern Scot Series Race 1 (ND 10k Championship Race) Sunday 1st March

Smokies 10 Mile Ladies Race Arbroath

Daviot Dash 10k 7 5k Fun Run

Run 4 It Proms 3k Winter Series Aberdeen

Newburgh Beach Bash 10k

Inverness ½ Marathon

Aboyne Duathlon

Sunday 1st March

Friday 6th March

Saturday 7th March

Sunday 8th March

D33 Ultra Saturday 14th March
Dallas Dash 6k & 1k Sunday 15th March
Craig Dunain Hill Race Saturday 21st March
Knockburn Duathlon Sunday 22nd March

Alex Brett Memorial Cioch Mhor Hill Race

Saturday 28th March

Dunvegan Castle 10k & Fun Run

Saturday 28th March

Run Garioch 5k / 10k / ½ Marathon

Sunday 29th March

Moray Road Runners 10k – Northern Scot Series Race 2

Sunday 29th March

Cromdale 10k TBC

APRIL

Glenlivet 10k Blast of Colour Fun Run, Huntly Buckie 10k – Northern Scot Series Race 3

Huntly Triathlon Scolty Hill Race

Clachnaben Hill Race

Run Balmoral – 5k / 10k

Run Balmoral – 15 mile / 3 Mile Methlick FUNd Run 10k & 5k

Highland Fling Ultra
Isle of Arran 10k
London Marathon
Aonach Mor Hill Race

Saturday 4th April Sunday 5th April Saturday 11th April Sunday 12th April Sunday 12th April Thursday 23rd April Saturday 18th April Sunday 19th April Saturday 25th April Saturday 25th April Sunday 26th April

TBC

MAY

Formartine & Buchan Way Ultra

Tiree ½ Marathon
Peterhead Triathlon

Baker Hughes 10k Aberdeen Longside Loop 10 Mile

Cateran Trail Ultra

Formartine & Buchan Way Ultra

Fyrish Hill Race, Evanton

Gordon Castle 10k (Triple Challenge Race 1)

Banff Triathlon Castle of Mey 10k

Stornoway 1/2 Marathon and 10k

Cairngorm to Coast

Edinburgh Marathon 10k & 5k Edinburgh Marathon & ½ Race for Life Inverness 5k & 10k

Mull of Kintyre ½ & 10k Loch Ness 360 Challenge Ultra

Kayleigh's Wee Stars Barra 10k (Old Meldrum)

Archiestown 5k

Forres 10k Northern Scot Series - Race 4

Moray Forest Run Series – Race 1 Moray Forest Run Series – Race 2 Laggan 10k & 1 mile Fun Run

Pinto Run 3k (1 of 3)

Saturday 2nd May

Sunday 26th April

Saturday 2nd May Sunday 3rd May

Sunday 3rd May

Saturday 9th May Saturday 16th May

Saturday 16th May

Saturday 16th May Sunday 17th May Sunday 17th May

No Event This year

Saturday 23rd May Saturday 23rd May

Saturday 23rd May Sunday 24th May

Sunday 24th May Sunday 24th May

Saturday 29th May Sunday 30th May

TBC TBC

TBC TBC

TBC

JUNE

Knockhill Hill Race & 10k (Cornhill Highland Games)	Saturday 6 th June
Benbecula ½ Marathon	Saturday 6 th June
Cairngorm Ultra	Saturday 6 th June
Motorfun 5 Mile Run, Elgin	Sunday 7 th June
Strathearn Marathon	Sunday 7 th June
Metro Aberdeen Beach 10k	Friday 5 th June
Skye ½ Marathon & Fun Run	Saturday 13 th June
Fraserburgh 10k	Sunday 14 th June
Race for Life Aberdeen 5k & 10k	Sunday 14 th June
Touler 10k – Tomintoul	Sunday 14 th June
Intellicore Red Run Kemnay 10k	Sunday 14 th June
Run Banchory 10k Multi Terrain Race & Kids Fun Run	Sunday 14 th June
Hill of Fare Hill Race, Banchory	Thursday 18 th June
Saltire 24 & 12 Trail Race Ultra	Saturday 20 th June
Portsoy 10k & Fun Run	Sunday 21 st June
Summer Solstice Fun Run	Sunday 21 st June
Creag Choinnich Hill Race	Wednesday 24 th June
Meall an t-Suidhe Hill Race, Fort William	Saturday 27 th June
Finella Hill Race (Drumtochty Games)	Saturday 27 th June
Lairig Ghru	Sunday 28 th June
Half Nevis Hill Race (North District Hill Championships)	Sunday 28 th June
Cow Hill Race	Monday 29 th June
Grantown 10k Anagah Forest Race & 3k Trail Race for Juniors	TBC
Moray Forest Run Series – Race 3	TBC
Nairn 10 mile Road Race	TBC
St Cyrus 10k	TBC
Moray Forest Run Series – Race 4	TBC
Westhill 10k	TBC
Pinto Run 3k (2 of 3)	TBC
Peterhead ½ Marathon	TBC
Race the Train (Strathspev Steam Train)	ТВС

JULY

Saturday 4th July Glamaig Hill Race, Skye Saturday 4th July Forres Highland Games 10k The Clashmach Hill Race Saturday 4th July Saturday 4th July Lossie Seafest Run 5k Saturday 4th July Isle of Harris ½ Marathon Sunday 5th July Stonehaven ½ Marathon Sunday 5th July Turriff Triathlon Friday 10th July Tain Hill Race Wednesday 15th July Dufftown 5mile / 5 Hills Thursday 16th July Mither Tap Hill Race Saturday 18th July Tom na Bat Hill Race (Tomintoul Games) Sunday 19th July Fort William Marathon Houff of Ury Hill race, Stonehaven Sunday 19th July Sunday 19th July Alford 10k Sunday 19th July Inverurie Triathlon Saturday 25th July Dufftown Games - Ben Rinnes Hill Race

AUGUST

Saturday 1st August Aberlour Games 10 Mile Multi Terrain Race Saturday 1st August Creag Dhuhb Hill Race, Newtonmore Saturday 1st August Glensee9 Hill Race (British & Scottish Championship Race) Saturday 1st August Aboyne Games Fungle Rrace Sunday 2nd August Jean Carr Hill Race (Triple Challenge Race 2) Loch Morlich Running Festival 10k Sunday 2nd August Westhill Triathlon Sunday 2nd August Saturday 8th August Abernethy Highland Games 10 Mile Race Sunday 9th August Keith Show Balloch Hill Race Saturday 15th August Nairn Highland Games ½ Marathon Saturday 15th August Tap o'North Hill Race Thursday 18th August Ballater Highland Games Hill Race Saturday 22nd August Speyside Ultra Sunday 23rd August Hatton Gala 5k & 10k Skye Bridge10k **TBC** Touch of Tartan 1/2 Marathon, Perth **TBC** Dyce ½ Marathon **TBC**

TBC

Pinto Run 3k (3 of 3)

SEPTEMBER

Saturday 5th September Morrone Hill Race (Braemar Gathering) Saturday 5th September Ben Nevis Hill Race Saturday 5th September Huntly Room to Run – 5k / 5k / ½ Marathon Sunday 6th September Braemarathon ½ & 10k Saturday 12th September Suidhe Hill Race Sunday 13th September Deveron Valley ½ Marathon & 10k Sunday 13th September Creag Bheag Hill Race, Kingussie Sunday 13th September Tom's Cairn Trail Race Sunday 13th September Grantown Try-Tri Saturday 19th September **Applecross Duathlon** Saturday 19th September Cairn William Hill Race, Monnymusk Saturday 19th September Mormond Hill 12hr Fundraiser Run, Fraserburgh Sunday 20th September **Huntly Triathlon** Sunday 20th September Aviemore triathlon **Newmachar 10k TBC** Crathes 1/2 Marathon **TBC Speyside Windfarm Challenge TBC** Caithness ½ Marathon **TBC** Crimond Run Fest 12k & 6k **TBC Ellon Road Races TBC Morven Hill Race TBC**

OCTOBER

Loch Ness Marathon & 10k Sunday 4^{th} October Bennachie Hill Ultra Saturday 10^{th} October Stirling Marathon Sunday 11^{th} October Aviemore $\frac{1}{2}$ & 10k Sunday 18^{th} October Dramathon 10k / $\frac{1}{2}$ Marathon / Marathon Saturday 17^{th} October Meall a'Bhuachaille Saturday 24^{th} October Culloden 17.46km & 10k Sunday 25^{th} October

NOVEMBER

Monumental Challenge (Triple Challenge Race 3)

Knockfarrell Hill Race

Peterhead 10k

Brodie 10k

Fraserburgh ½ Marathon

Sunday 1st November

Saturday 7th November

Sunday 8th November

TBC

TBC

DECEMBER

Nairn Turkey Trot 5k

Lossiemouth Turkey Trot

Winter Solstice Fun Run

Saturday 26th December

TBC

TBC

TBC

Den Dasher