



AUTUMN TERM TIMETABLE GENERAL CLASSES 13th SEPTEMBER – 5th DECEMBER 2025

<p>Junior Classes ages 4-8 ***3-year-olds also welcome at these ***classes</p> <p>Senior classes ages 8-13</p> <p>Mixed classes age 5 years +</p>	First day of summer term 2025	Notes. <i>Half term is Sunday 26th October – Sunday 2nd November</i>	Last Day of term & Grading Day	Addresses
<p>Saturday St John Friern Barnet</p> <p>Shodan Ho/ Black Belt Class 8.45-9.30 am</p> <p>Senior Class 9.30-10.20 am</p> <p>***Junior Class 10.30-11.10pm</p> <p>Family Class 11.20-12noon (age 5 and above)</p>	13 th September	Teacher Sheena Sheena/Monika	29 th November	St John's C of E Primary, Crescent Road. Friern Barnet N11 3LB
<p>Saturday Martin Primary East Finchley</p> <p>Senior class 1pm- 1.50pm</p> <p>Junior class 2.10-2.50pm</p>	13 th September	Teacher Amey Teacher Amey	29 th November	<p>Martin Primary School, Plane Tree Walk. East Finchley. N2 9JP</p> <p>East Finchley Methodist Church, 197 High Road N2 8AJ</p>

Saturday Mill Hill Deansbrook Infant School Mill Hill Mixed class 4.10-4.50pm (Age 5 and above)	13 th September	Teacher Sheena/Jake	29 th November	Deansbrook Infant school, Church Close Entrance, HA8 9NS
Saturday Mill Hill Deansbrook Infant School Shodan Ho/Black belt class 5.00-5.50pm	13 th September	Teacher Sheena/Jake/ Monika	29 th November	Deansbrook Infant school, Church Close Entrance, HA8 9NS
Monday Rochdale Edgware Mixed Age class 5.40- 6.20pm (Age 5 and above)	15 th September	Teacher Jake	1 st December	Rochdale Scout Centre, 42 Roch Avenue. Edgware HA8 6DW
Tuesday Methodist Church East Finchley Junior class 4.10-4.50pm	16 th September	Teacher Amey	2 nd December	East Finchley Methodist Church, 197 High Road N2 8AJ
Tuesday Classes Stanmore Junior 6.10-6.50pm Senior 7.00-7.50pm	16 th September	Teacher Jake	2 nd December	St Lawrence Church Hall, St Lawrence Close, off Whitchurch Lane. Little Stanmore HA8 6RB
Tuesday Holly Park School Friern Barnet	16 th September	Teacher Sheena	2 nd December	Holly Park Primary School, Bellevue Road N11 3HG

Mixed class 6.10-6.50pm (age 5 and above)				
Wednesday Muswell Hill Methodist Church Mixed class 4.10-4.50pm (Age 5 and above)	17 th September	Teacher Sheena	3 rd December	Muswell Hill Methodist Church, 28 Pages Lane, N10 1PP
Wednesday Martin Primary East Finchley Junior class 6.15-6.50pm Senior class 7.00-7.50pm Adults/Teens 14+ 8.00-8.50pm	17 th September	Teacher Sheena/Danny Sheena/Jake	3 rd December	Martin Primary School, Plane Tree Walk. East Finchley. N2 9JP
Thursday Stanmore Church House Mixed class 5.40-6.20pm (Age 5 and above)	18 th September	Teacher Jake	4 th December	Church House, Old Church Lane. Stanmore. HA7 2QX
Thursday John Keble Church Mill Hill Junior Black Belt class 5.20-6.10pm	18 th September	Teacher Sheena/Monika	4 th December	BP Hall John Keble Church , Church Close Mill Hill HA8 9NS
Thursday Watling Community Centre Adults class	18 th September	Teacher Monika/Sheena	4 th December	Watling Community Centre, 145 Orange Hill Road. Edgware HA8 0TR

8.00-8.50 pm all grades welcome focus is on white/coloured belts				
Thursday Watling Community Centre Adults 8.50-9.40pm For adult's 3 rd Kyu +	18 th September	Teacher Sheena	4 th December	Watling Community Centre, 145 Orange Hill Road. Edgware HA8 0TR
Friday Lunchtime class Watling Community Centre Adult class 12.05-12.50pm all grades	19 th September	Teacher Sheena	5 th December	Watling Community Centre, 145 Orange Hill Road. Edgware HA8 0TR
Friday St Lawrence Church Hall ***Junior Class 4.10- 4.50pm	19 th September	Teacher Sheena/Monika	5 th December	St Lawrence Church Hall, St Lawrence Close, off Whitchurch Lane. Little Stanmore HA8 6RB
Friday Avanti Stanmore Junior class 5.10-5.50pm Senior class 6.00-6.50pm	19 th September	Teacher Sheena/Monika	5 th December	Avanti School, Wemborough Road. Stanmore HA7 2EQ