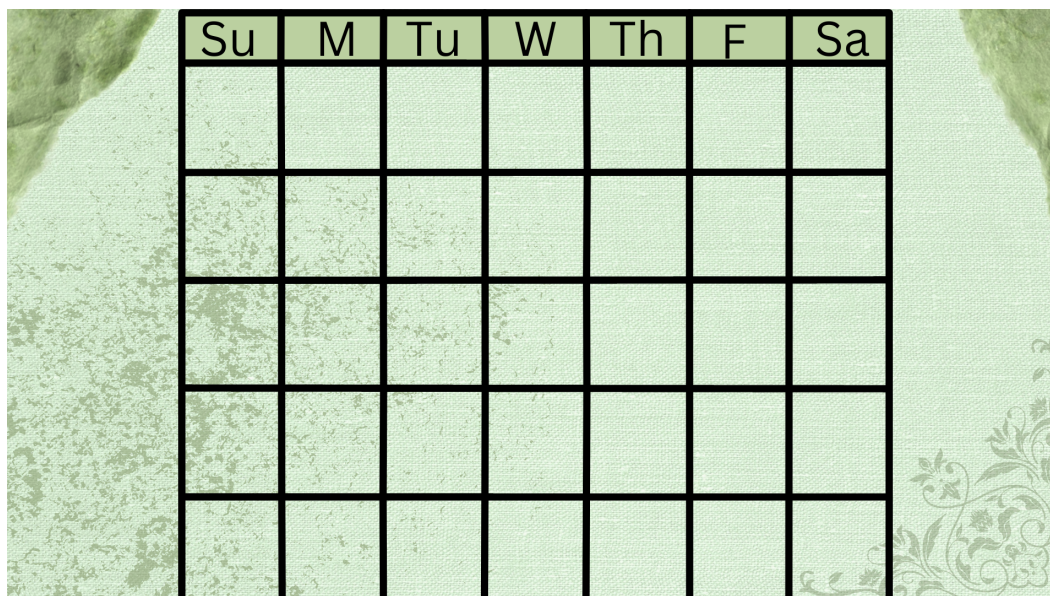


Take Action

By: Ryann Harris

Step 1: Look around. Think about what areas you can improve on, or what you want to cut down on with your consumption (the using up of a resource)

Step 2: Write down what you want to improve on, or a small goal. You can create significant improvement when you make small daily goals for yourself. Below is a blank schedule you can use, and you can always add on when you find other tips or ideas.



Su	M	Tu	W	Th	F	Sa

Step 3: Good job! Now that you know what you want to do, take action!!!