

# Destination Life LLC

## Companion Care Job Description



### **JOB SUMMARY:**

An individual who is competent to perform assigned functions of non-medical care to the client in their residence.

### **ESSENTIAL DUTIES AND RESPONSIBILITIES** (include the following but not limited)

Provides companionship by reading, conversation, and listening. • Participates in appropriate recreational activities and hobbies for social and sensory stimulation. • Assists patient/client in completing necessary phone calls, letter writing, etc. • Maintains a safe home environment for the client. • Accompanies patient/client on walks, community trips, doctor's office, bank, etc. • Reminds client to take self-administered medications. • Informs staffing coordinator of any changes in assignment. • Provides emotional support and promotes a sense of well-being. • May plan light housekeeping tasks such as preparation of a meal or laundering clothes. • May perform light housework to maintain a clean, neat environment. • Assists in the maintenance of a safe and healthy environment. Uses equipment and supplies safely and properly.

### **QUALIFICATIONS:**

1. Must have completed orientation, non-medical training program and competency.
2. Have a sympathetic attitude toward the care of the sick and elderly.
3. Ability to carry out directions, read and write.
4. Maturity and ability to deal effectively with the demands of the job.
5. Have reliable transportation.

### **RESPONSIBILITIES: (only to patient needs)**

1. Provide companionship to client.
2. Prepare and serve meals and/or snacks.
3. Provide grooming and dressing guidance.
4. Provide light housekeeping.
5. Provide laundry and linen service to include washing, ironing and folding clothes.
6. Provide shopping service to clients to include grocery and clothes shopping.
7. Provide incidental transportation for client which includes visits to doctor appointments, friends, family members, or stores.
8. Provide assistance and planning of client's recreational activities and events.
9. May remind client of medications.
10. Record and report changes in the client's physical condition, behavior or appearance to supervisor or Case Coordinator.
11. Document services delivered in accordance with Destination Life Home Care policies and procedures.

### **WORKING ENVIRONMENT:**

The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions

- Patient home setting, exposure to infectious diseases, automobile.

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### JOB RELATIONSHIPS:

1. Supervised by: Care Coordinator or management staff

### RISK EXPOSURE:

High risk

### LIFTING REQUIREMENTS:

Ability to perform the following tasks if necessary:

- Ability to participate in physical activity.
- Ability to work for an extended period of time while standing and being involved in physical activity.
- Heavy lifting.
- Ability to do extensive bending, lifting and standing on a regular basis.

### EDUCATION AND/OR EXPERIENCE

High school diploma or general education degree (GED) or equivalent preferred. Training in the topics related to human development and interpersonal relationships, nutrition, shopping, food storage, use of equipment and supplies, planning and organizing of household tasks and principles of cleanliness and safety.

### LANGUAGE SKILLS

Ability to communicate effectively with patient/client, family members, clinical management, and staff. Ability to read and interpret documents such as safety rules, operating and maintenance instructions, and procedure manuals. Ability to write routine reports and correspondence.

### REASONING ABILITY

Ability to apply common sense understanding to carry out simple or two-step instructions. Ability to deal with simple problems in the home setting.

### OTHER SKILLS AND ABILITIES

Communication skills, light housekeeping skills, cooking, cleaning, and shopping. Good physical and mental health. Caring attitude, tact, patience, and good personal hygiene.

I have read the above job description, fully understand, and agree to comply with the conditions set forth therein, and if employed as a Destination Life LLC Companion Care Assistant, I will perform these duties to the best of my knowledge and ability.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Supervisor Signature

\_\_\_\_\_  
Date

