



Skyline Boys Select Basketball Standards for Players

By playing in the Skyline Boys Select Basketball (SBSB) program, you have chosen to play basketball at an elevated level. You are filling a spot that many other local athletes would love to claim. This comes with the great responsibility of upholding a higher standard of dedication and conduct.

The higher standards of attitude and behavior are:

- **Don't let your teammates down** - This means attending practices, giving your all on the court, knowing your plays, being a supportive teammate, and being someone your teammates can rely on. It also involves being responsible and respectful.
- **Be coachable** - This means you are willing to be taught, pay attention, accept and follow instructions from your coach and be open to constructive feedback.
- **Have fun, be positive** - This means developing mental toughness that allows you to play through adversity (for example: "bad calls", your mistakes or those of your team). Learn to channel your frustration into a learning opportunity, not as a time to complain or make excuses.
- **Put your team first** - Demonstrate being a "we" player, not a "me" player. This means cheering for your teammates when you are not in the game, doing everything you can to help others succeed and be comfortable being accountable for your team's results (good or bad) regardless of your individual performance.
- **Respect** - Show respect to everyone and maintain good sportsmanship at all times, including towards coaches, parents, referees, and opponents.
- **Talk to your coach** - If you have an issue with your coach, the team, or how you are playing we expect you to make an effort to discuss the issue with your coach. Your coach will appreciate your effort and will want to have a discussion with you. If your coach offers advice, be prepared to follow through on that advice. Don't be afraid to share what support you feel you need to be successful.