

*When you mistreat my brothers and sisters
you mistreat me, too.*



ADDISON'S DISEASE EMERGENCY KIT CONTENTS

Medications

- Oral hydrocortisone
- Extra fludrocortisone
- Zofran or other anti-emetic
- Glucogel
- At least 1 week's worth of other medications
- At least 1 week's worth of pump supplies (if pumping)

Emergency Injection Kit

- 2+ Solu-Cortef, 100mg
- 2+ 3 mL syringes
- Sterile water
- Antiseptic wipe

Other

- Boost oxygen can
- Pain management tools
- Basic first aid Kit

Vitals

- Blood Pressure Monitor
- Pulse/Ox Monitor
- Thermometer
- Glucometer

Comfort Items

- Instant ice packs
- Emesis bag
- Water Bottles
- Personal Fan
- Phone Charger
- Book/Entertainment
- Stuffed Animal/Blanket

Documents

Insurance Card

Emergency Letters

Current Medication List

Advanced Medical Directives