

OILIVE BRANCH THERAPIES

SCHOOL FLEXIBLE DAY PACKAGE

ABOUT

Olive Branch Therapies was founded by Jim Morehouse, with a view to provide mental health support for children, their families and schools. Jim has a Masters in Play Therapy and spent many years working with children in a therapeutic and education setting. Olive Branch Therapies can provide a variety of services for schools based on their individual needs, offering a flexible and fixed day package. Below is the menu of services which highlights the services available to you.

MENU OF SERVICES

<u>Play Therapy</u> – Play Therapy is an intervention that helps children make sense of and work through difficult feelings and situations via the medium of play, a child's natural language. Although primarily

child-centred, Olive Branch Therapies can offer integrative approaches based on the child's need. The intervention can help children build self-esteem, become more focused, and have an increased capability of regulating themselves.

<u>Child-Parent Relationship Therapy</u> – CPRT is a structured 10 session model that works with parents and carers to teach them the basic principles of child-centred play



therapy. Therefore, they can provide their own intervention at home. It provides a holistic approach to helping children and their families who may be struggling with various issues. This type of therapy can be delivered in groups or as a diluted one-to-one intervention.

<u>Staff training</u> – By entering a 6-month contract with Olive Branch Therapies the school is eligible for a two-and-a-half-hour training session looking at some of the statistics, causes and strategies to help children struggling with poor mental health. If the schools opt for a year-long contract then three training sessions will be offered throughout the year. Training can be delivered after school or on teacher training days.

<u>Staff Supervision</u> – Olive Branch Therapies can offer specific slot times for staff supervision where staff can come and discuss any issues they would like support with during school hours. This may be with particular students, how to weave mental health into lessons or assemblies, or even to explore various topics related to mental health for themselves.





INCLUDED IN THE DAY



Although primarily in school for sessional work, Olive Branch Therapies would be present throughout the day, being available at various times in-between sessions. A place to chat would be offered to all school pupils. The therapist would keep an open door at lunch times for pupils to come and chat through anything they may be finding difficult; this could be through a teacher recommendation or a whole school assembly. Olive Branch Therapies would also be able

to offer advice and consultations on a whole school approach to mental health. If needed, the therapist could also be present for training days and parent evenings. The therapist would also adhere to the schools safeguarding policies and will be up-to-date with GDPR practices. A typical day may include four therapy sessions, a slot for staff supervision, and some time at the end of the day for parents of clients and teachers to catch-up.

PRICING

Olive Branch Therapies offers a flexible day package where your school can select from the Menu of Services above the interventions that most meet your needs. The School will be invoiced monthly.

One Day Package: £250 per week

6-month contract (1 free staff training) **Two Day Package:** £450 per week

12-month contract (up to 3 free trainings)

Three Day Package: £650 per week

By entering a contract, schools allow time for the therapist to work more effectively with the children and their families.

MORE INFORMATION

If you have any queries or questions about the pricing, interventions, or timings then please feel free to get in contact.

Email: jim@olivebranchtherapies.org

Call: 07713865135

Web: <u>www.olivebranchtherapies.org</u>

