



Sea Moss Gel Benefits

IS SEA MOSS GOOD FOR MY HEART?

SEA MOSS IS!

Sea moss is one of the best plant source of omega-3 fatty acids, these fats are essential for a healthy heart getting enough Omega-3. Omega-3 is connected to a lower risk of heart disease , blood clots, high cholesterol and high blood pressure.



SEA MOSS FOR THE LUNGS

BREATH BETTER WITH SEA MOSS

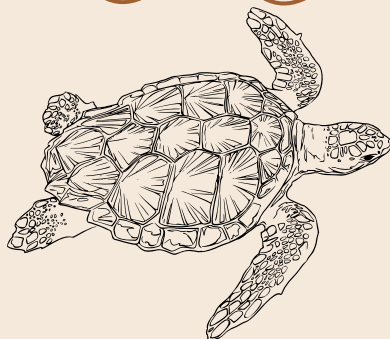
Sea Moss helps clear the lungs of excess phlegm that can build up during a cold. It also works to decrease inflammation in nasal passages and ease a sore or dry throat.



EXTRA BENIFITS

NEED SOME EXTRA HELP?

- Promotes healthy skin
- Relief from flu symptoms and coughs
- Removes toxins and heavy metals
- Increased energy and nutrition
- Strengthening joints and connective tissue
- Soothing the digestive tract
- Increased Thyroid health
- Strengthens the immune system



BENIFITS FOR WOMEN

SUPPLIMENT BENIFITS

- Aids in hormonal balance
- Improves fertility issues
- Eases menstrual cramping
- Reduces IBS complications
- Helps combat anemia
- Fights against fibroids & endometriosis
- Supports a healthy thyroid health
- Provides nutrients for pregnant women



BENIFITS FOR MEN

SUPPLIMENT BENIFITS

- Boost energy levels
- Improves heart health
- Enhances muscle growth
- Improves fertility
- Improves testosterone levels
- Improves gut health
- Supports thyroid health
- Helps build stronger bones & joints