Sea Moss Gel



DOES SEA MOSS GEL EXPIRE?

YES, IT DOES

When we make a batch of sea moss gel using our dried sea moss you will typically get 2-3 weeks, sometimes 4 if you keep it cold and minimize contamination.





HOW TO KEEP YOUR SEA MOSS LONGER

TIPS TO KEEP IT FRESH

- -Keep it refrigerated in the back of your fridge where it's coldest
 - -Store in a clean area and keep jar sealed
- -When taking sea moss gel use clean utensils
 - -Do not expose to cross-contamination

If you feel like you will not finish the jar in that time frame we suggest freezing it in an ice cube tray

WHAT IS SEA MOSS GEL?

Sea moss gel is a natural, nutrient-rich product derived from sea moss.

Some people mix it with water to make a puree that they take by the spoonful or add to a smoothie. The gel has a texture similar to aloe vera.

