I am not aware of any injury, illness or other health related issues that would restrict my ability to take part in this competitive event.

I agree to assume all risks and expenses due to an injury that may occur because of my involvement in the event, and /or travel to and from said activities.

I agree to hold (your club name), I.S.K.A Ireland or anyone acting on its behalf either as a coach, a coaching assistant, volunteer, or any medical staff, harmless in the event of an injury to me while participating under the supervision of the above.

Signature of participant:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
Club:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date:\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_\_