



# BlackHeart Academy Developmental League APRIL 2 -MAY 2

## Weekly Training Theme

**Week 1:** Shot & Pass Fakes, Jabs, Ball Handling, Shooting

**Week 2:** Ball Screens Offense and Defense

**Week 3:** Post Moves, Post Entries, Rebounding & Boxing Out

**Week 4:** Finishing Close to the Basket

**Week 5:** All Star Event

**COST: \$155 per player**  
**Payment Deadline March 23, 2019**  
*BlackHeart League jersey for every player*

This league features practice plans and drills created by Lucious Wagner. Teams will be chosen by BHB Staff to ensure balance and competitive play. Attendance at ONE evaluation practice is MANDATORY. Coaches will be parents, community members, and current Varsity/JV level high school players seeking to take their basketball careers past the high school level. All coaches will have gone through coaches training with Lucious. Players will have 1 structured practice and 1 game per week for 4 weeks. Week 5 will be an All Star event. Our goal is to improve ***Basketball Skill, Basketball I.Q.*** and ***Overall CONFIDENCE.*** *Get an edge on the competition!*

Limited availability - 28 spots per division, 7 players per team.

### **CIRCLE GRADE LEVEL :**

3/4th BOYS

3/4th GIRLS

5/6th BOYS

5/6TH GIRLS

### **CIRCLE PLAYING SITE** (Game or Practice days):

NEWBURGH (TUE&THUR)

MT. VERNON (TUE&THUR)

HENDERSON (TUE&WED)

EVANSVILLE EAST (TUE&THUR)

EVANSVILLE NORTH (TUE&THUR)

BOONVILLE (TUE&THUR)

I, the undersigned, realizing that there is risk inherent in any recreational and competitive activity, and in consideration of my (my child) being allowed to participate in this activity, I assume all risks in connection with this activity. I further agree to release, indemnity, and hold harmless BlackHeart Basketball LLC, their officers, officials, coaches, employees, agents, and any property in which an BlackHeart Basketball event is held from any and all claims and liabilities of any type whatsoever, and for damages to, loss or destruction of any property or injury, sickness, or death which may now or hereafter arise out of, result from, or in any way be connected with my participation in this activity. I understand it is my responsibility to obtain health insurance for my player. I grant BlackHeart Basketball, permission to seek medical treatment for myself (my child) in the event I am unavailable or unable. I acknowledge that BlackHeart Basketball LLC or may utilize my name, address, and likeness and hereby waive all rights to compensation for their use in the promotion and operation of BlackHeart Basketball LLC. I agree to all video and photography of myself or the above mentioned player. I further state that I am of lawful age and legally competent to sign this release, that I understand the terms herein are contractual and are not mere recital; and that I signed this document of my own free act.

Parent Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

### Player Information

Player Name: \_\_\_\_\_ Jersey Size: \_\_\_\_\_

Height: \_\_\_\_\_ Position \_\_\_\_\_ Birthday: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Parent Contact Number: \_\_\_\_\_

Parent Email: \_\_\_\_\_

### Evaluation Dates

<b>3/18/19</b>	6:30 - 7:30 pm	3/4 BOYS	Dream Center
	7:30 - 8:30 pm	5/6 BOYS	Dream Center
<b>3/20/19</b>	5:30 - 6:30 pm	3/4 GIRLS	Aldersgate UMC
	6:30 - 7:30 pm	5/6 GIRLS	Aldersgate UMC
<b>3/21/19</b>	5:30 - 6:30 pm	3/4 GIRLS	Aldersgate UMC
	6:30 - 7:30 pm	3/4 BOYS	Aldersgate UMC
<b>3/25/19</b>	6:30 - 7:30 pm	5/6 BOYS	Dream Center
	7:30 - 8:30 pm	5/6 GIRLS	Dream Center
<b>3/27/19</b>	5:30 - 6:30 pm	3/4 GIRLS	Aldersgate UMC
	6:30 - 7:30 pm	5/6 GIRLS	Aldersgate UMC
<b>3/28/19</b>	5:30 - 6:30 pm	3/4 BOYS	Aldersgate UMC
	6:30 - 7:30 pm	5/6 BOYS	Aldersgate UMC

