



BIOTE[®] MEDICAL NUTRACEUTICALS

BioTE's nutraceutical product line has been carefully created to support bioidentical hormone replacement therapy (BHRT). Featuring ingredients that help promote better health, these clinical-grade nutraceuticals are essential to ensure a complete and personalized approach to healthier aging.

ADK 5 & 10

ADK is a combination of three essential vitamins that supports normal bone health in men and women.* Osteocalcin is a protein that assists with remodeling our bones by both reabsorbing older bone and laying down new healthy bone. Vitamin D₃, the “sunshine vitamin,” is vital in producing osteocalcin.* However, D₃ needs help from vitamin K₂, a cofactor that is essential to the bone-strengthening process.^[1] Vitamin A supports these two vitamins, as well as the immune system and a healthy heart.^[2]

When taken daily, BioTE ADK 5 and 10 promotes the positive effects of bioidentical hormone replacement therapy and may help maintain normal bone strength.* Depending on the severity of a patient's vitamin D deficiency, you may choose from BioTE ADK 5 or 10, which includes a higher dose of D₃.

This combination includes vitamin A as retinyl palmitate, vitamin D₃ as cholecalciferol, and vitamin K₂ as menaquinone-7. BioTE ADK 5 contains 5,000 IU of vitamin D₃ per capsule, and BioTE ADK 10 contains 10,000 IU of vitamin D₃ per capsule.

1. Zhang Yu, Fang Fang, Tang Jingjing, Jia Lu, Feng Yuning, Xu Ping et al. Association between vitamin D supplementation and mortality: systematic review and meta-analysis BMJ 2019; 366 :l4673.

2. Bolland Mark J, Grey Andrew, Avenell Alison, Gamble Greg D, Reid Ian R. Calcium supplements with or without vitamin D and risk of cardiovascular events: reanalysis of the Women's Health Initiative limited access dataset and meta-analysis BMJ 2011; 342 :d2040.



Soy Free



Dairy Free



Gluten Free



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ARTEROSIL^{HP}[®]

The endothelial glycocalyx is the protective non-stick lining of your veins and arteries that inhibits cholesterol and other particles from adhering to or penetrating the endothelial wall. It is a delicate structure that can be damaged under many conditions, such as high blood glucose, oxidative stress, and inflammation.

When taken daily, ARTEROSIL^{HP} delivers the building blocks necessary to help strengthen the artery wall's protective barrier and may help support healthy circulation, skin, and sexual function.*

ARTEROSIL^{HP} contains specialized sulfated polysaccharides (SSP) derived from a rare seaweed.



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BPC-157

HEALING AND RECOVERY PEPTIDE



Repairs Wounds
& Muscle Tissue ‡



Decreases
Inflammation ‡



Improves Gut
Related Issues ‡

BPC-157 is an orally bioavailable peptide that helps promote healing and recovery in muscles, tissue, and joints. Short for body protecting compound, this peptide may also help fight inflammation and improve gut health.

BPC-157 is a daily supplement that can help support an active lifestyle by aiding the body's natural healing and recovery processes. BPC-157 does this, in part, by increasing collagen synthesis and decreasing inflammation associated with regular activity, training, and exercise. Your body already produces BPC-157 in small amounts inside the gastrointestinal (GI) tract, but this supplement delivers BPC-157 in an ultra-concentrated and potent form to provide fast-acting repair and relief from occasional body aches and pains.



Soy Free



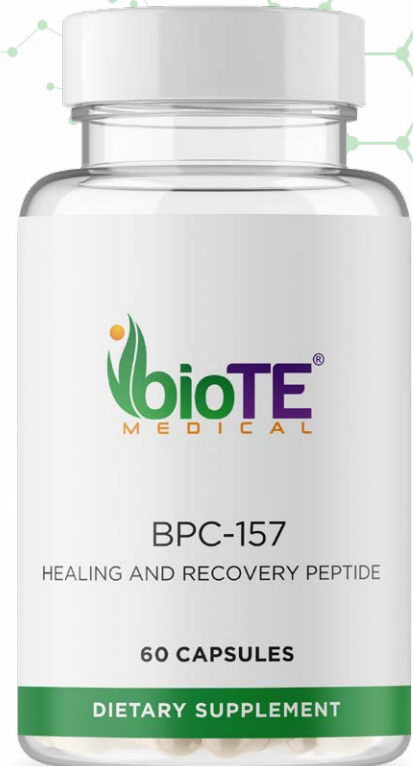
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Gluten Free



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CURCUMIN-SF

CURCUMIN-SF is a well-absorbed curcumin for maintaining healthy joints and muscles.*

All curcumins are not created equal. Although used for centuries as an ingredient in Asia, most forms are poorly absorbed in the bloodstream, whether coming from food or a nutritional supplement. BioTE CURCUMIN-SF has a 29x greater absorption rate compared to ordinary curcumin.*

When taken daily, BioTE Curcumin-SF helps maintain a healthy inflammatory response throughout the body.^[1] Curcumin enhances the activity of the COMT enzyme, which helps metabolize estrogen via methylation (the main way gene activity is adjusted during life!) in both men and women.^[2] In turn, it protects cells from DNA damage from improper estrogen metabolism.^[3]

1. Curcumin Blocks Cytokine-Mediated NF- κ B Activation and Proinflammatory Gene Expression by Inhibiting Inhibitory Factor I- κ B Kinase Activity Christian Jobin, Cynthia A. Braham, Maria Pia Russo, Booker Jumma, Achaeen S. Narula, David A. Brenner, R. Balfour Sartor, The Journal of Immunology September 15, 1999, 163 (6) 3474-3483.

2. "Modulation of Metabolic Detoxification Pathways Using Foods and Food-Derived Components: A Scientific Review with Clinical Application", Tanis R. Fenton, Beth Armour, and Jayne Thirsk, Journal of Nutrition and Metabolism, Letter to the Editor (2 pages), Article ID 934070, Volume 2015 (2015), Published 12 October 2015.

3. <https://www.mskcc.org/cancer-care/integrative-medicine/herbs/turmeric>.



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DEEP SLEEP SLEEP COMPLEX



Fall Asleep
Faster ‡



Sleep Through
The Night ‡



Awake
Refreshed ‡

DEEP SLEEP is a high-quality sleep complex that can help you get a restful night's sleep. This proprietary blend of natural herbs and plant extracts works synergistically with melatonin to help calm the mind and promote a night of deeper sleep.

DEEP SLEEP is non-habit forming and can be taken daily to help improve sleep quality. Because the ingredients are 100% drug-free, users can expect to wake up refreshed without that groggy feeling. When taken regularly, the ingredients in DEEP SLEEP may also help promote a balanced mood and reduce stress.



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DIM SGS+

DIM SGS+ contains extracts from broccoli and pomegranate that provide support for the healthy utilization of estrogen in both men and women.* Too much estrogen can cause significant damage to our bodies. Studies have shown that people with high levels of estrogen have a higher risk of increased weight gain, bloating, water retention, or worse.^[1]

DIM is short for diindolymethane. This compound is derived from cruciferous vegetables and helps promote hormone balance. When taken daily, BioTE DIM SGS+ can support weight management and breast, uterine, cervical, and prostate health.*

DIM SGS+ is an ideal combination of diindolymethane (DIM), sulforaphane (SGS), and pomegranate extract. These ingredients stimulate efficient metabolism for estrogen, meaning they help regulate the ratio of healthy to less healthy estrogen. A healthy estrogen metabolism may protect estrogen-sensitive issue and support detoxification and neutralization of harmful estrogen metabolites.

1. <https://www.urmc.rochester.edu/ob-gyn/ur-medicine-menopause-and-womens-health/menopause-blog/march-2016/metabolic-syndrome-and-the-role-of-estrogen.aspx>.



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IODINE+

IODINE+ provides imperative minerals that support energy levels, metabolism, and natural hormone production.* The thyroid gland takes the iodine you ingest and converts it into two hormones—thyroxine (T4) and triiodothyronine (T3). T4 and T3 regulate our body's metabolism of proteins, fats, and carbohydrates. Every cell in the body depends on T3 and T4, so if it doesn't have enough, it isn't functioning well. BioTE IODINE+ also contains two other essential ingredients—selenium and zinc. Selenium and zinc are also needed to help with the formation of active thyroid hormone T3.*

When taken daily, BioTE IODINE+ provides the body with a substantial amount of iodine to promote healthy hormone production.* Moreover, iodine supports healthy breast tissue by up-regulating proteins involved in estrogen metabolism.*

Even healthy eaters may be at risk. Some foods can cause a relative iodine deficiency by binding to iodine, which can make the bound iodine inaccessible for thyroid hormone production. These foods include broccoli, cauliflower, cabbage, Brussels sprouts, kale, soy, peanuts, pine nuts, turnips, and rutabaga, although cooking these foods tends to make them less apt to do this.



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METHYL FACTORS+

METHYL FACTORS+ is a concentrated and comprehensive formula that helps promote heart, cognitive, and bone health.* Methylation is a biochemical process that impacts the body's ability to regulate cardiovascular, neurological, reproductive, and detoxification systems. Unfortunately, the nutrients needed for the methylation process are nearly impossible to get from the average American diet, mainly due to the abundance of processed foods and the loss of nutrients in our soil.^[1]

When taken daily, METHYL FACTORS+ provides five essential methylation nutrients—methylfolate (5-MTHF), active B6, active B2, active methyl B12, and betaine—in their most bioavailable forms. Using METHYL FACTORS+ with our clinically relevant dosing helps support methylation, detoxification, and cardiovascular health.*

One of methylation's most important roles in the body is keeping homocysteine levels in check. Homocysteine is a common amino acid in your blood. Maintaining a desirable level of homocysteine is one of the leading biomarkers for the maintenance of good cardiovascular health.* More good news? Preventing an undesirable homocysteine level is also associated with the maintenance of bone, female reproductive, cognitive, and neurological health.*^[2]

1. Noga, Anna A., et al. "Plasma Homocysteine Is Regulated by Phospholipid Methylation." *Journal of Biological Chemistry*, vol. 278, no. 8, 2002, pp. 5952-5955., doi:10.1074/jbc.m212194200.
2. Kumar A, Palfrey HA, Pathak R, Kadowitz PJ, Gettys TW, Murthy SN. The metabolism and significance of homocysteine in nutrition and health. *Nutr Metab.* (2017) 14:78. 10.1186/s12986-017-0233-z.



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NMN COMPLEX

NAD+ AND AGING SUPPORT



Produces NAD+ ‡



Defends Against Aging ‡



Promotes Healthy Cell Structure ‡

Age healthier with NMN COMPLEX from BioTE Medical. Nicotinamide Mononucleotide, or NMN for short, works on a cellular level inside your body to provide energy and produce critical anti-aging compounds like NAD+.

As we age, our NAD+ levels decline. Low levels of NAD+ can make you vulnerable to low energy, cognitive decline, and other early indicators of aging. NMN COMPLEX combines NMN with potent antioxidants (Resveratrol and Pterostilbene) to give your body the building blocks it needs to maintain healthy NAD+ levels, remove senescent cells, and activate sirtuins, which promotes DNA repair.



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OMEGA 3+COQ10

OMEGA 3+COQ10 combines EPA and DHA from fish oil with COQ10 to support heart, blood vessel, brain, bone, and muscle health, as well as promote energy production.* Research has established the critical role of omega-3 fatty acids DHA and EPA in supporting cardiovascular health and blood vessel elasticity.^[1]

The compound Coenzyme Q10 (CoQ10) is an intracellular (meaning present in your cells) antioxidant that's essential for the health of tissues and organs.^[2] It particularly benefits those cells that are most metabolically active, such as those in the heart muscle.

When taken daily, BioTE OMEGA 3+COQ10 promotes normal heart function, blood vessel function, and brain health.* Our DHA and EPA are extracted from the purest fish oil sources available through molecular distillation to ensure the removal of cholesterol and contaminants, including PCBs and heavy metals.

CoQ10 is stored in the mitochondria—your cell's power source—where one of its primary functions is to generate energy for the cells. Because your body's natural production of CoQ10 tends to decrease as you age, combining CoQ10 with pure fish oil helps your body absorb and use CoQ10 better.

1. Yashodhara, B M, et al. "Omega-3 Fatty Acids: a Comprehensive Review of Their Role in Health and Disease." Postgraduate Medical Journal, U.S. National Library of Medicine, Feb. 2009, www.ncbi.nlm.nih.gov/pubmed/19329703/.

2. Saini, Rajiv. "Coenzyme Q10: The Essential Nutrient." Journal of Pharmacy and Bioallied Sciences, vol. 3, no. 3, 2011, p. 466., doi:10.4103/0975-7406.84471.



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Probiotics: MULTI-STRAIN PROBIOTIC 20B and BACILLUS COAGULANS

Two unique blends of probiotics that support normal hormone balance and overall health.*

Probiotics are living microorganisms, like bacteria and yeast, that reside in our gut and are vital for our body to function properly. However, our contemporary diet and modern medicine have made it very easy for the body to lose the most important types of gut bacteria, leaving our body to slow down or be sluggish.

When taken daily, probiotics promote good gut microbiota bacteria that support a healthy immune system, hormone and pH balance, weight management, and a steady digestive system.*

Both MULTI-STRAIN PROBIOTICS 20B and BACILLUS COAGULANS help replenish and support healthy bacteria in your microbiome. The microbiome plays a vital role in the recycling and metabolizing of hormones, including thyroid hormones and estrogen.

BioTE MULTI-STRAIN PROBIOTICS 20B contains 20 billion active cultures per capsule and supports the digestive tract and immune function of individuals under stress.* BioTE BACILLUS COAGULANS retains its potency in the intestines, and is an excellent choice for acute events and recovery. Both probiotic options are vegetarian, dairy- and gluten-free. Their packaging protects each capsule from natural factors proven to compromise the stability of probiotics such as heat, moisture, and oxygen. Each strain selected is well-researched and identity-verified and has been genetically characterized and properly classified for safety and assurance.



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SENOLYTIC COMPLEX

HEALTHY AGING SUPPORT



Optimizes
Body Function ‡



Protects From
Cell Damage ‡



Optimizes
Brain Function ‡

Protect and rejuvenate your body at a cellular level with SENOLYTIC COMPLEX from BioTE Medical. As you age, your body accumulates dysfunctional senescent cells that contribute to poor aging, slowed tissue repair, and low energy. Senolytic compounds help eliminate these cells before they become a problem.

SENOLYTIC COMPLEX contains a well-researched blend of the most potent senolytic compounds available, including Fisetin, Quercetin, Resveratrol, Pterostilbene, and Curcumin. These robust antioxidants are at the forefront of anti-aging research and may help protect your cells from stress and age-related damage—helping you look and feel your best.



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SERENE

MOOD SUPPORT



Relieve Anxiety ‡



Reduce Stress ‡

SERENE provides a natural way to help relieve stress and anxiety when you need it most. This supplement contains a potent extract derived from magnolia tree bark, dihydrohonokiol-B (DHH-B), that can provide on-demand mood support.

SERENE can help promote a healthy body and mind by delivering powerful anti-oxidative properties, which may help reduce inflammation and oxidative stress. This neuroprotective compound can also help reduce feelings of worry and unease. SERENE is fast-acting and can be taken as needed to help support your mood and reduce stress. Effects typically start to diminish 3 to 4 hours after use.



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