

POST IMPLANT PLACEMENT INSTRUCTIONS

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907- DENTIST (336-8478)

- Take prescribed antibiotics as labeled until gone.
- Use prescribed oral rinse as labeled until gone.
- Take prescribed pain medication as labeled if needed for post-operative discomfort.
- Avoid foods that put pressure on the implant for one month; crunchy foods, hard crusted bread, etc.
- Avoid foods with seeds and foods that crunch into little pieces; like peanuts, for one month.
- Take calcium and vitamin D3 supplements.
- **DO NOT SMOKE**
- If Diabetic, keep as perfect control of your blood sugar as possible and take any diabetes medications as labeled and on time.
- Brush your teeth normally.
- Keep up with your cleaning and exams.
- **Call Dr. Pierson at 336-8478 if anything comes loose or feels loose.**

Remember, the first month after your implant is placed, the implant is less stable in the bone than the day it was placed. After one month, the implant starts to get more stable than the day it was placed. How long you need to wait until a crown is placed is variable depending on the quality of the bone when the implant is placed. You will be informed after the implant is placed as to how long you should wait to start the crown or denture.

If you think the implant is infected, which is very rare, or if you have any questions or concerns, call **Dr. Pierson at 907- DENTIST (336-8478)**. After hours, please call the office and leave a message. An alternate number will also be provided for you to call. **Please do not hesitate to call Dr. Pierson after hours.**