

Analon Newsletter

January 2020



About the month of January!

January was named after the Roman god Janus. The god Janus had two faces which allowed him to look forwards into the coming year and

backwards into the past year. Symbols of January:

- Birthstone: Garnet
- Flower: Carnation
- Zodiac signs: Capricorn and Aquarius
- On average, it is the coldest month of the year in the Northern Hemisphere.
- It is the second month of winter.
- In the Southern Hemisphere **January** is a summer month the equivalent of July.

Disney Springs

Featuring free admission and free, covered parking, this dining, shopping and entertainment district at Walt Disney World® Resort invites you to enjoy remarkable architecture, natural beauty and free family fun that includes live performances and other entertaining interludes. For instance, kids can build as many LEGO figures as they want at The LEGO Store, and the whole gang can hop on the free ferries that travel to the Magic Kingdom® Theme Park, Epcot® and Disney's Hollywood Studios® — even if you don't have passes to those theme parks



<u>Important Contacto</u> Management Office: 407-737-4122 Emergency: 911 OPD (non-emergency): 321-235-5300 Universal Tawing: 407-816-0102 OUC: 407-423-9018 Spectrum: 1833-780-1880 . Past Office: 407-851-7506 Rattlesnake Security: 407-627-7934

Furniture & Appliance drop off



Help keep YOUR community clean by securing your trash in an appropriate trash bag and disposing of trash in the compactor. The Appliance drop off is for FURNITURE & APPLIANCES ONLY!! All boxes must be broken down and disposed of in the trash compactor. Never place trash outside your door for any length of time. Construction Debris or Carpet must be taken out of the property.

Anyone caught illegally dumping items that do not belong in the appliance area will be charged **\$250** dumping fee. Please ensure all garbage bags and trash thrown in the compactor. Local animals can make a mess when there are torn bags; Please assist by making sure the trash is dumped properly.



If you lost your keyset or wallet, etc. Please check with the office someone might have turned in your lost item.

STARTING TODAY I NEED TO FORGET WHAT'S GONE, APPRECIATE WHAT STILL REMAINS, AND LOOK FORWARD TO WHAT'S COMING NEXT



Free Family Funday at Mennello Museum of American Art

Sun., 1-12-2020 noon Mennello Museum of American Art

900 E Princeton St, Orlando, FL 32803

Every second Sunday of the month is Free Family Fun day! Join us at the museum for free admission, a free miniature fine art project and free docent touring. Each Free Family Fun day has a different theme based on the current exhibition in the museum. Miniature fine art project and museum tours are available 12– 2:30 p.m. The museum galleries stay open until 4:30 p.m. for all guests.

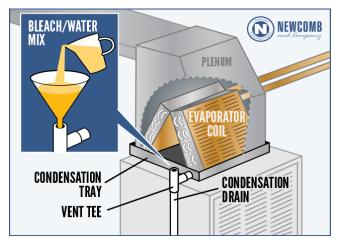
NEW YEAR FRESH START

Preventative Maintenance How to Clean a Bathroom Exhaust Fan?



You should clean your bathroom's exhaust fan at least once a year. Before starting, shut off the power to the fan at the circuit box. Stand on a sturdy step stool to get a good look at

the grate that covers your fan. It might be held in place by screws, but most modern fan grates are held in place with easy-to-remove tension clips that don't require tools. After removing the grate, wash it with warm water and dish soap. Remove as much dust as possible from the fan assembly using a vacuum wand attachment or a can of compressed air. Follow up with a dusting cloth to get whatever dust remains. After that, just dry and replace the grate. Don't forget to turn the circuit breaker back on!



How to Dispose of Cooking Oil and Grease



No Wipes Down the Pipes

Even if a product says it is "flushable" ... Unless it is toilet paper, it should not be flushed!

- Diapers (including cloth, cotton, disposable, or plastic)
- Flushable, disposable, cleaning, or baby wipes
- Paper towels, cloth towels, or any type of rag
- Feminine hygiene products



Place the items listed above in a trash can

Putting these items down toilets may plug sewers and cause raw sewage to back up into <u>YOUR HOME</u>

Let's start the New Year right!

One minute to midnight One minute to go One minute to say good-bye Before we say hello

Let's start the new year right Twelve o'clock tonight

> Tomatoes - rich in vitamin C

Hemp seeds -Hemp seeds are a complete protein

Cucumbers -

Peppers - loaded with antioxidants Garlic - anti - bacterial, anti-fungal, anti-viral and antiseptic properties

> Avocado - lower your cholesterol

Spinach -Anti - Inflammatory

Kale - high in iron

Grapefruit - boost liver function

RawforBeauty