

T Bamber Associates Ltd - Taster sessions

Coaching for Sustainable Performance - Taster Sessions

In Today's working environment, there is an absolute and clear need for coaching, with the desire for high performance and change driving an ever more pressurised workforce forward. Without effective Leadership and employee engagement programs people can become over stressed and find it difficult to maintain efficient ways of working and a healthy work life balance.

One of the things employers can do is make sure that the wellbeing of their teams is a priority by equipping its people with Coaching skills that help support themselves and their colleagues

This taster session focuses on some of the ways coaching can help grow and sustain high levels of performance and engagement

Core Elements

Introduction to Coaching	Resilience and why it matters	effective constructive feedback
Outcome centered coaching	Stress and what to do about it	The 3 core methods of Profiling
Why Coaching in Leadership	The ILM Level 7 Executive Coaching and Mentoring with the NLP Diploma	

Tom Bamber

The Programme is underpinned by the knowledge Tom Bamber has gained, during the last 19 years, working across all sectors, with a vast experience of different organisations in consulting, organisational development, people engagement, alignment, communication, leadership development, coaching and performance enhancement. Working with Organisations across all sectors such as



Location

We use exhilarating training venues to create Spacious yet intimate learning environments

The Venue for this Taster session is:

Ordsall Hall Salford Quays,



Investment

Completely free taster session all that we ask is that you come along and consider us for future opportunities in your organization.

Dates... Please contact us for current January 2018 dates and availability



Contact T Bamber – tom@tbamberassociates.com