

Saint Mary ~ Saint Michael

Discipleship Event Options for Grades 9,10, 11 & 12

Students are expected to attend at least a total of 10-12 sessions each half of the year.

- * You may take a weekly event for your total of 10-12 sessions
- * take a few short events that add up to 10-12 sessions or
- * take a short event and then join in a weekly event to obtain the sessions you need to complete the required amount of sessions needed for each half of the year.

#1 ALPHA- Starts Sunday, September 27 at St. Mary School from 8:45 a.m.~9:45a.m. (10 Sessions)

- * ALPHA YOUTH creates safe spaces for teens to discuss life's big questions, faith and purpose in a relaxed* non-judgmental environment. The program is designed to be accessible and engaging, combining videos, games, and group discussions to encourage honest dialogue,

1	Welcome to the Conversation
2	Jesus Is...?
3	What Does Real Love Look Like?
4	Why Would I Want a Relationship with God?
5	What Does a Relationship with God Look Like?
6	Who Is the Holy Spirit?
7	How Can I Be Filled with the Holy Spirit?
8	How Does the Holy Spirit Help Us Overcome Evil?
9	Does God Heal Today?
10	What Happens Next?

#2 When You Pray

Starts Sunday, September 27th at St. Mary School from 6:30 p.m. 7:30 p.m. (8 Sessions)

- In this session study, join with six Bible teachers who will help you study prayers in the Bible that can inspire your own. You'll learn that God welcomes your praise and lament, your thanksgiving and [intercessions. You'll see examples of how to pray when you're alone and when you're gathered with others. Above all, you'll notice there's no one right way to pray. As you draw near to God through prayer, you'll find your faith strengthened and your heart united to Christ

1	"I thirst" How to Pray
2	The Battle for Prayer
3	Trust and Surrender
4	Meeting God in the Valley
5	The Living Flame of Love
6	In the World. Not of the World
7	Radiating Christ
8	Praying With Colors

3 A Biblical Walk Through the Mass + Sunday Connection

Weekly Sessions start Sunday, September 20 at St. Mary School from 8:45-9:45 a.m.

Weekly sessions starting Tuesday, September 22 at St. Mary School from 6:30 p.m. 7:30 p.m.

1	What Is the Mass? <i>The Introductory Rites</i>
2	The Liturgy of the Word
3	The Liturgy of the Eucharist
4	The Eucharist Prayer
5	The Communion Rite — <i>The Concluding Rites</i>

#4 When God Doesn't Fix It

Starts Sunday, October 18 at St. Mary School from 8:45-9:45 a.m. (6 sessions)

- When God doesn't fix it; learning to walk in God's plans instead of our own.

Grammy Award-winning song writer, Story, had a raw-tale her husband was diagnosed with a brain tumor. Can blessings arise from broken dreams? Tackling common myths about God and hardship, she examines what happens when life doesn't turn out as we expect -- and offers assurance that although our situation may never get better, we can grow because of it.

1	Don't Be Surprised by Trouble
2	The Reality of Our World
3	God's Perfect Creation
4	Sin Enters the World
5	Restoring the Broken
6	A New Heaven & Earth

5 Never Alone

Starts Sunday, January 4 at St. Mary School from 6:30-7:30 p.m. (6 sessions)

- Life with the Holy Spirit This series explores the truth that every

Catholic Christian is invited into a living relationship with the Holy Spirit. It is in living life with the Holy Spirit that we find answers to some of our deepest longings: Who am I? Where do I belong? How do I

know what to do with my life? Is this all there is?

1	The Belonging
2	The Guided
3	The Empowered
4	Alive
5	Prayer for the Release of the Holy Spirit