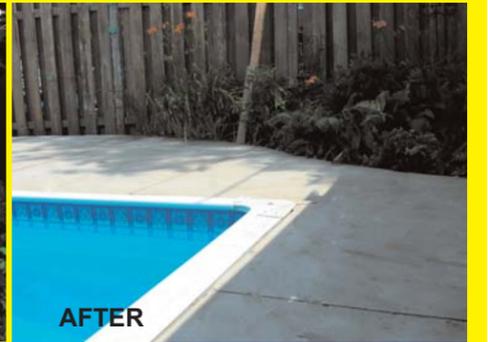




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## TEACHINGCITY OSHAWA RELEASES ANNUAL SNAPSHOT

The City of Oshawa and its education and research partners – Durham College, Ontario Tech University, Trent University Durham GTA, and the University of Toronto's Department of Civil and Mineral Engineering – are pleased to announce that the TeachingCity Oshawa 2023/2024 Annual Snapshot, detailing accomplishments from the partnership's seventh year, is now available online. Notable applied research, experiential learning and curriculum-based projects featured in the Annual Snapshot include:

**Celebrating Oshawa's Centennial - Durham College** contributed to two Centennial projects in 2024, creating a collaborative opportunity for local students to honour and celebrate Oshawa's history. A temporary public art installation celebrating Oshawa was created by Fine Art students and is proudly displayed on the windows of 1 Mary Street North. In honour of International Women's Day, Journalism students created a series of story maps spotlighting Oshawa's trailblazing women – both past and present. Students Contribute towards

**an Inclusive Community – Ontario Tech University** students have been busy working with City staff on a variety of projects that contribute to making Oshawa a more inclusive city. Social Science and Humanities students enrolled in the Issues in Diversity course developed diversity and equity lenses to conduct evaluations of a variety of City locations, policies, programs, recruitment and communications, and make recommendations. Health Science students from the Perspectives in Aging course researched how older adults attain local community information. The class

also considered demographic data and the City's Age Friendly Strategy, and created a series of infographic summaries with recommendations the City could implement to ensure older adults can access information about community programs and services. Dungeons, Dragons, and Neurodiversity – John Smith, a student from Trent University Durham GTA's Department of Child and Youth Studies piloted a new Dungeons & Dragons (D&D) Club at the Oshawa Civic Recreation Complex. This unique programming provides

neurodiverse youth with an opportunity to collaborate with their peers, socialize, and "slay dragons" to achieve collective goals. The unique program helped foster meaningful friendships for neurodiverse youth in the Oshawa community. Student Placements – The City provided more than 38 work-integrated learning opportunities for TeachingCity students through placement, practicum or co-op opportunities. Students developed real-life applied skills while bringing new ideas and fresh perspectives to City Departments to help support the achieve-

ment of City initiatives. TeachingCity brings together the City of Oshawa and its education and research partners – Durham College, Ontario Tech University, Trent University Durham GTA and the University of Toronto's Faculty of Applied Science & Engineering. The partners address Oshawa's urban issues through innovation, collaboration, applied research and shared experiential learning opportunities with the aim to position Oshawa as a local, national and global community of urban research and learning.

## Ontario Enhancing Tools to Help People Prepare for Respiratory Illness Season

The Ontario government is reminding everyone to stay safe this respiratory illness season and prevent unnecessary visits to the hospital by staying up to date on vaccinations. To protect against serious illness throughout the upcoming respiratory illness season, it is recommended everyone get their flu and COVID-19 shots as soon as they become available to them.

"As we approach this respiratory illness season, our government is ensuring Ontarians are prepared and have the tools they need to keep themselves and their loved ones safe and healthy," said Sylvia Jones, Deputy Premier and Minister of Health. "We are working closely with our partners to make it easier for people of all ages to be protected this fall and access the care they need close to home and within their community."

Starting in early October, flu shots will be available for the most vulnerable and high priority populations, including hospitalized individuals, hospital staff, and residents and staff in long-term care homes, followed by those in retirement homes and other congregate settings and individuals 65 years and older. Free flu shots for the general public aged six months and older will be available starting October 28, 2024, at doctor and nurse practitioner offices, participating pharmacies and some public health units. To learn more about the flu shot this fall, visit Ontario.ca/flu.

It is safe and convenient to receive both the COVID-19 and flu shots at the same time, reducing the need for multiple visits to a doctor, nurse practitioner or local pharmacy. Ontario expects to receive shipments of the updated COVID-19 vaccine

from the federal government by early October following approval by Health Canada. Initial doses will be prioritized for higher risk populations and more details will be provided once doses are distributed to Ontario.

Beginning in October, families with infants and high-risk children up to 24 months old, will now have access to the new RSV immunization, Beyfortus®, through the recently expanded publicly funded RSV prevention program. Families can access the Beyfortus® immunization through their health care provider, as well as within hospital settings for infants born during the 2024/25 respiratory illness season. Pregnant women also have the option of receiving a single dose of Abrysvo®, to provide protection for their infant from birth to six months. The RSV prevention program has

also expanded this fall to include all retirement home residents. For more details on the RSV program, visit Ontario.ca/rsv.

"Staying up to date on vaccination helps everyone stay healthy this respiratory illness season, especially those who cannot protect themselves including younger children and others who can't be immunized," said Dr. Kieran Moore, Ontario's Chief Medical Officer of Health. "With a large rise in cases of whooping cough (pertussis) this year, particularly in children and teens aged 10-18, it is especially important for parents and guardians to ensure their children are up to date with all of their vaccinations as well as vaccines for pregnant individuals."

Vaccines in Ontario's routine immunization schedule are provided free of charge if you

meet the eligibility criteria. If you are unsure about which immunizations you or your family have received or are eligible for, talk to your health care provider or public health unit.

Through Your Health: A Plan for Connected and Convenient Care, the Ontario government is providing people with the tools they need early to connect to the care they need to keep themselves, and their loved ones safe and healthy.

**Quick Facts**  
As recommended by the National Advisory Committee on Immunization (NACI), individuals should receive the most recent formulation of the COVID-19 vaccine in the fall as it is expected to provide a better immune response against currently circulating COVID-19 strains. Full details on COVID-19 vaccination this

fall will be available by visiting Ontario.ca/COVID-19.

The risk of severe outcomes from RSV infection is highest among infants under six months of age and children under 24 months of age with chronic conditions such as chronic lung disease, congenital heart disease, compromised immune systems, or neuromuscular disorders. All Ontarians should stay up to date on their immunizations, especially children. Talk to a health care provider or public health unit if you are unsure if your child has missed routine immunizations or if you are unsure about which immunizations they have received.

Vaccines in Ontario's routine immunization schedule are provided free of charge if you meet the eligibility criteria.