

Sal's

Get More for Less

Back to School

CATERING Services

Now Catering Parties & Events!

FLYERS EFFECTIVE FROM AUGUST 28 - SEPTEMBER 3RD

Sal's Back to School CATERING Services

Get More for Less

FLYERS EFFECTIVE FROM AUG 28 - SEP 03



3.99 lb
8.80 kg
Pork Centre Ribs



9.99 lb
22.02 kg
BEEF SHORT RIBS
SATURDAY AUG 29 ONLY



7.99 lb
17.61 kg
Sirloin Tip Roast
SUNDAY AUG 30 ONLY



100g
ONLY .99¢



6 x 200mL
ONLY \$2.49



1.8L
ONLY \$1.99



740g
ONLY \$4.99



ONLY 4 for \$5
\$1.69



300-400g
ONLY \$2.99



ONLY \$5.99

Deli

FLYERS EFFECTIVE FROM AUG 28 - SEP 03



1.29
Delfresh Oven Roasted Black Forest Ham /100g



.99¢
Buffalo Oven Roasted Chicken /100g



.99¢
Cooked Turkey Breast /100g



1.49
Sugar Bush Maple Ham /100g



1.29
Regular or Lean Mortadella /100g



1.99
Mild Genoa Salami /100g



1.49
Pastrami /100g



1.99
Hot / Mild Calabrese /100g



2.99
Prosciutto /100g



1.49
Off the Bone Ham /100g



1.99
Angus Roast Beef /100g



.99¢
Rosemary or Tuscany Oven Roasted Ham /100g

Frozen

FLYERS EFFECTIVE FROM AUG 28 - SEP 03



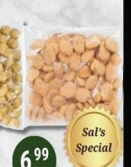
9.99
Frozen White Shrimps Peeled 500g



4.99
Butcher's Selection Jumbo Hot Dogs 900g



3.49
Musafir Masala Omelette / Panier / Butter Chicken Bites 336-357g



6.99
Frozen Fully Cooked Chicken Nuggets / Chicken Balls 800g



3.99
Tastyup Vegetable Spring Roll 1kg



3.99
Frozen Raw Breaded Shrimps 230g



3.99
Frozen Thick Coated Extra Large Fries 1kg



6.49
Seasoned Turkey Breast Raw 1kg



1.99
Healthy Choice Cauliflower Curry Power Bowls 280g



1.99
Bakery Fresh Cupcakes / Donuts / Brownie 686g-227g



4.99
Frozen Crispy Tempura Onion Rings 400g



9.99
Belmont Meats Cheese and Bacon Beef Burgers 852g

Cheese



1.99
Marble Cheese /100g



1.99
Baby Gouda /100g



1.99
Medium White Cheddar /100g



1.99
Fontal Melting Cheese /100g

Dairy

FLYERS EFFECTIVE FROM AUG 28 - SEP 03



1.99
Labneh Spread Cheese 550g



2.99
Maison Riviera Aged Cheddar Cheese grated 150g



1.99
Piller's Spicy / Turkey Pepperoni 175-200g



3.99
Gray Ridge Egg White Large 12 pack



1.99
Smoke House Naturally Smoked Bacon 375g



2.49
Hershey's S'mores / Jell-O Oreo / Orange / Strawberry Cheesecake 371-384g



2.99
MacLaren's Imperial Cheese Spread 230g



4.99
Beatrice Unsalted Butter 454g



3.49
Schneiders Red Hots / Juicy Jumbos Hot Dogs Original 375-450g



1.49
Pillsbury Country Biscuits / Flaky Roll 340g



5.99
Mastro Casalingo Salami 800g



3.99
Mastro German Salami 300g

Grocery

FLYERS EFFECTIVE FROM AUG 28 - SEP 03



2.99
Quaker Protein Oat Cereal 465g



1.99
Kraft Miracle Whip Original Squeeze 650ml



2.99
Kellogg's Froot Loops / Frosted Flakes Cookies & Crème Milkshake Cereal 315-343g



2/\$5
Peanut Butter & Co Crunch Time 454g



2.99
Weetabix Whole Grain Cereal Biscuits 400g



5.99
Kraft Cheez Whiz 900g



2/\$1
Mogu Mogu Lemon / Peach Iced Tea 450ml



1.99
Palta Extra Virgin Avocado Oil 250ml



1.99
Habitant Pickled Cubed Beets 750ml



4/\$5
Betty Crocker Creamy Butter / Sour Cream & Chives Flavoured Mashed Potatoes 113g



4/\$5
Skinny Pop Popcorn Sea Salt & Pepper 125g



.99¢
Kraft Dinner Original / Spirals Macaroni and Cheese Dinner 175-200g

Butcher's Finest

FLYERS EFFECTIVE FROM AUG 28 - SEP 03



11.99 lb
T-Bone Steaks 26.43kg



8.99 lb
Outside Roast 19.82kg



5.99 lb
Lean Ground Beef 13.21kg



8.99 lb
Tip Roast 19.82kg



11.17 lb
Beef Sandwich Steak 24.63kg



9.99 lb
Top Sirloin 22.02kg



11.17 lb
Veal Cuttlets 24.63kg



8.99 lb
Eye of Round Roast & Steak 19.82kg



2.99 lb
Pork Rib End Tenderloin 6.59kg



3.49 lb
Pork Butt Roast 7.69kg



3.49 lb
Picnic Roast & Steaks 7.69kg



2.99 lb
Ground Pork 6.59kg

Fresh Pork



2.99 lb
Pork Rib End Tenderloin 6.59kg



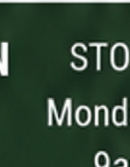
3.49 lb
Pork Butt Roast 7.69kg



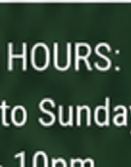
3.49 lb
Picnic Roast & Steaks 7.69kg



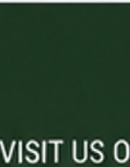
2.99 lb
Ground Pork 6.59kg



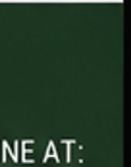
2.99 lb
Fresh Chicken Legs 6.59kg



2.49 lb
Fresh Chicken Drumsticks 5.49kg



4.49 lb
Chicken Split Wings 9.90kg



1.49
Carver's Choice Smoked Half Ham /100g

Bakery Favourites!



3.99
Dempster's Signature Classic Burger Buns 12 Pack



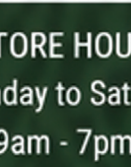
2.99
Soft Italian Sub Rolls 6 Count



3.29
Fresh All Beef Sausage Rolls 2 Units



3.99
Fresh Jamaican Beef / Chicken Patties 3 Patties



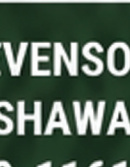
3/\$2
Angie's Sea Salt Boom Chicka Popcorn 372g



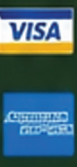
1.99
J.L. Kraft Pure Maple & Dijon Dressing & Marinade 355ml



3/\$5
Taco Bell Creamy Crunch Supreme / Spicy Bean Dip 250g



3/\$5
Heinz Tomato Ketchup 272ml



120 HARWOOD AVENUE, AJAX.

905-619-0228

STORE HOURS:
Monday to Saturday
9am - 7pm |
Sunday 9am - 6pm



385 STEVENSON RD N, OSHAWA.

905-579-1161

STORE HOURS:
Monday to Sunday
9am - 10pm

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www.salsgrocery.com