

KIDNEY WALK AIMS TO RAISE MORE THAN \$1 MILLION FOR FOURTH CONSECUTIVE YEAR

DURHAM REGION, ONTARIO – This fall, thousands of participants in 30 communities across Ontario will come together at the Kidney Walk, united by a shared commitment to improving the lives of Canadians affected by kidney disease.

Whether walking in support of a loved one living with kidney disease, celebrating a transplant, honouring the memory of a loved one, or connecting with others going through a similar journey, participants are helping to build a stronger kidney community while raising critical funds to support The Kidney Foundation.

“The Kidney Walk is so much more than a fundraiser,” said Mary-Pat Shaw, President of The Kidney Foundation’s Ontario Branch. “It’s an opportunity for people living with kidney

disease, their families, caregivers, donors, transplant recipients and healthcare professionals to come together. The sense of community and connection experienced at the events is truly inspiring.”

Over the past three years, Kidney Walk participants across Ontario have raised over a million dollars annually to support The Kidney Foundation’s mission.

“We are incredibly grateful for the generosity of our supporters,” added Shaw. “Their commitment has enabled us to fund innovative kidney research and provide programs and services that help Canadians navigate the challenges of kidney disease. We hope to reach the \$1 million milestone once again this year.”

More than 4 million Canadians are affected by

kidney disease, a serious chronic condition that often progresses with few symptoms until its later stages. For those living with kidney failure, treatments can require life-sustaining dialysis several times a week or a kidney transplant. While transplantation offers the best outcomes, it is not a cure and requires lifelong medical care.

The impact of kidney disease extends beyond physical health. Many individuals and families also face significant emotional and financial challenges throughout their journey. Funds raised through the Kidney Walk help the Foundation advance world-class kidney

research, deliver peer support while also providing trusted information through educational materials, webinars and websites like the Kidney Community Kitchen.

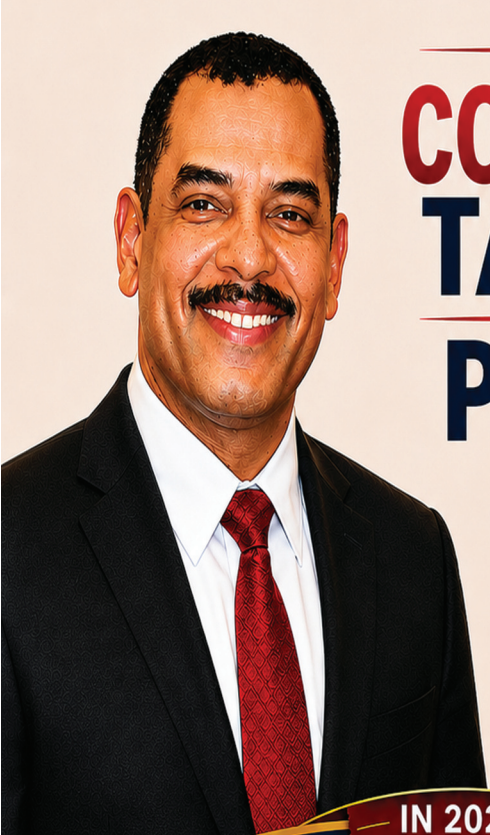
“We are committed to supporting people at every stage of their kidney journey,” says Shaw. “From diagnosis through treatment, transplantation and ongoing support, we want Canadians affected by kidney disease to know they are not alone.”

Participants can also earn entries to win a travel prize, courtesy of WestJet. For every \$250 that participants fundraise online, they will automatically receive a ballot to be entered to win a voucher for one roundtrip flight for two guests to any regularly scheduled and marketed WestJet destination.* (*No cash value. Taxes, fees, and surcharges not included. Blackout dates and restrictions apply.)

The Kidney Foundation is grateful to our national partner Otsuka Canada Pharmaceutical Inc., national media sponsor Yes TV and prize sponsor WestJet, for their support of the Kidney Walk.

Event details:
Durham Region Kidney Walk
Sunday, September 27, 2026
Heydenshore Pavilion, 589 Water St., Whitby
Registration: 9:00am, Start Time: 10:00am





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