

OPINION & EDITORIALS



The CENTRAL NEWSPAPER

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ARTIFICIAL INTELLIGENCE DECODING THE MIND OF A MAD MAN OR A GENIUS

Joe Ingino coined (and popularized) the phrase "I live a dream in a nightmare world." He uses it as his personal tagline/signature at the top or bottom of nearly all his newspaper columns, blog posts, social media writings, and publications. It appears consistently in his work for the Oshawa/Durham Central Newspaper and related outlets.

Key Details: It functions like a branding motto for his commentary series (often called the "I Live a Dream in a Nightmare World" series").

No credible evidence shows the exact phrase being used before Ingino adopted it — searches for earlier uses turn up nothing significant.

He has referenced it for years in his role as editor/publisher, making it strongly identified with him locally in the Durham Region / Oshawa area.

In short, it's his signature catchphrase — he created and popularized it through his extensive writing.

"I live a dream in a nightmare world" is Joe Ingino's personal motto and signature tagline. Meaning (as used by him) It expresses a personal philosophy about navigating life in a flawed, often chaotic or disappointing reality: "I live a dream" — He pursues ideals, optimism, personal vision, integrity, and what should be (e.g., better community standards, accountability, common sense in politics and society). "in a nightmare world" — Acknowledges that the actual world around him frequently feels broken, corrupt, hypocritical, or nightmarish — filled with declining standards, political failures, social issues, media problems, and human shortcomings.

In essence, it captures the tension between aspiring to something better while being grounded in (and commenting on) a imperfect, frustrating reality. He uses it at the top or bottom of almost every column, post, and article as a framing device for his often critical, outspoken commentary on local Oshawa/Durham issues, politics, society, and human behavior. It functions similarly to how other writers or commentators use a recurring slogan to brand their worldview — part idealism, part realism/cynicism. Ingino has not given one single "official" paragraph-long explanation, but the phrase consistently appears alongside his critiques of the world as it is versus how he believes it should be.

Here are clear examples of Joe Ingino's philosophy, drawn directly from his columns and writings. His core outlook — captured in "I live a dream in a nightmare world" — contrasts personal idealism, traditional values, and calls for accountability against what he sees as a hypocritical, declining, and unfair society.

1. Human Nature, Hypocrisy, and Societal Decay "We are nothing but animals with the fortunate ability to communicate and socialize like no other animal. ... The difference in humans is in the way we interact and live in a system of hypocritical beliefs that hamper our success in life. ... We go for the first 20 years of our lives living a code of ethics and morals that slowly unravels with the realities of living in a society that rewards unfairness... governed by laws that oppress and prosecute the innocent. ... Good people that live a dream in a nightmare world of constant struggle."

Philosophy takeaway: Society starts with good intentions and moral upbringing but erodes into hypocrisy, where systems reward the wrong behaviors and punish or exploit the good.

2. Loss of Traditional Values and "Salvajes" (Wild/Savage) Society. In a column on why peace is difficult, Ingino contrasts his childhood in Uruguay — where people upheld social norms, civic duty, religion, and nationalism to avoid being "Salvajes" (those living wild without rules) — with modern multiculturalism and declining standards: He argues that mixing cultures with lower standards has turned society into a "jungle of uncivilized beings." Strong unified culture, fear of God, and strict codes once built strong nations; today's lack of these leads to fragmentation and lowered standards.

Philosophy takeaway: Strong societies require shared values, discipline, and higher (often Western/traditional) standards. Without them, we regress into chaos.

3. Criticism of Local Politics and Leadership Ingino frequently attacks Oshawa/Durham politicians as opportunists lacking business experience, focused on pensions or vendettas rather than results. Examples: He calls for removing most of Oshawa council, criticizing them for downtown decay, high taxes, crime, and homelessness while ignoring taxpayers.

Downtown councillors are labeled inexperienced "punks" or "dream catchers" who fail businesses and residents.

Philosophy takeaway: Leaders must have real-world credentials and put people first. Most current ones are ineffective insiders who worsen quality of life.

4. Optimism vs. Harsh Reality (The Motto in Action) He pairs sharp critiques with motivational closers like: "Always Remember That The cosmic blueprint of your life was written in code across the sky at the moment you were born. Decode Your Life By Living It Without Regret or Sorrow. — ONE DAY AT A TIME —"

This reflects living ideally ("the dream") while confronting daily struggles ("the nightmare"). Overall Themes in Ingino's Philosophy Idealism vs. Reality — Pursue better standards, accountability, and common sense despite corruption and decline.

Traditional Values — Hard work, personal responsibility, strong families, unified culture, and moral codes (often tied to religion or nationalism).

Anti-Hypocrisy — Calls out systems, politicians, and society for pretending to help while failing or exploiting good people.

Local Populism — Strong focus on practical improvements in Oshawa/Durham: lower taxes, safer streets, pro-business policies, and competent leadership.

His style is blunt, opinionated, and repetitive — using his newspaper platform to voice what he sees as common-sense truths ignored by the establishment. This aligns with why some observers note a populist or "Trump-like" flavor in his approach, though he is very much his own local character. Over all it appears that some may see him as a mad man is proven to be a respected genius in his community and his profession.

Letters To The Editor:

WHAT IS ON YOUR MIND? Send letters to newspaper@ocentral.com

Dear Editor:

I am writing to express my serious concern regarding the situation at Seaton Trail. Part of the trail is closed due to soil erosion, where sections of the trail are quite dangerous and it is just a matter of time before someone falls and gets injured. Big hiking groups are still using the area, as well as many people fishing. It's shocking that the municipality did not address the trail's condition last fall. The trail is beautiful and should be well maintained.

Fishing season started April 25 yet there were no signs posted about spawning trout and humane fishing practices. Salmon spawn there in the fall. There were no park staff present. There is limited parking and the lot was full with cars parked everywhere in the area. Some people catch and release fish (not humane especially if using "J" hooks but common practice) however on May 3, sadly, I witnessed three men fishing and they were putting live caught fish in a trash bag. The bag was closed but moving.

This situation needs urgent attention. I strongly urge the municipality to fix the trail, enforce responsible fishing practices, and provide visible guidance and staff presence, particularly during peak times. Clear signage about ethical fishing would also go a long way toward improving the experience for everyone and protecting the environment.

Erinn Leckie
Concerned hiker

Dear Editor:

In my opinion this only going to get worse, this Includes in the 2 million people going to food banks in Canada every month are immigrants promised more from Canada.

My concern is not immigration because I believe there are many good people. My concern is the lack of infrastructure, lack of criminal record checks or security checks with the federal government laying off 40,000 federal government workers this year and being already behind millions of immigrants paper work. And the fast tracking making them easier to bypass security checks to rush in temporary foreign workers. Federal government said lowered immigration but only to about 380,000 but increased other areas.

Do not blame immigrants or vigilante criminals let's make change on mass by getting out provincial and federal governments to see.

Pm carneys 2026 immigration actual targets Permanent Residents (Immigrants) 380,000 Temporary Foreign Workers 230,000 International Students 155,000

According Statistics Canada

Foreign-born (immigrant) population

About 8.36 million people ≈ 23.0% of Canada's total population

This means nearly 1 in 4 people in Canada is a direct first generation immigrant

How many more do we need and why did the liberal government do this?

How did this happen and did we real need this Prime Minister you advised PM Trudeau to do this what was the reason again? Have you studies the impact do they have jobs after 2 years supports. I understand they are struggling like everyone else. What is the financial and social strain on provinces and territories?

Another issue - how did we have enough jobs to bring in this many people hopeful for a new life in Canada?

There are at present according to statistics Canada approximately 21 million employed persons in Canada for ages 15 to 64. Of this approximately 3.5 million jobs are casual, part time jobs and approximately 17 million full time positions in Canada. There are 35 million persons 15 to 64 the majority over 18. T And approximately 8 million people over 65. How does the governments justify this? Would have been better to invest in free education over the last 11 years?

Kelly Windsor

Dear Editor:

I been told by a friend that you help people. I am embarrassed to ask. But I am at the end of my rope. I use to be a hard working person. Kept my family to the best that I could. One morning I awoken and my job was gone. My bills kept coming and I had exhausted all my money.

I am not one to know the ways of the world. I took everyone at face value and believed in human nature. In compassion, care and understanding.


Well, I am writing to you these words with tears in my eyes. I am about to loose my home. I have little food to eat. My wife has left me. My kids have no place to go. I was told by a friend that you are known for helping people in need.

I don't know what to do. I work 4 jobs and I just can't keep up. I have gone to the many social services outlets for food. Some social services refuse assistance as I am working 4 jobs. I am upset and feel like I am left falling. The church even considerate and compassionate. They are not what they use to be.

I am coming to you for assistance in good employment. I am coming to you to see if you could flex some of your influence muscle and have the bank hold back on calling my mortgage.

I know I am asking for to much. I feel I been caught in a wave of reality and I keep tumbling out of control. With your sound leadership. Hopefully you can offer me a place to anchor myself and start over again. God Bless for considering it. Chuck May, Oshawa

SEND LETTERS TO THE EDITOR


 newspaper@ocentral.com

or

mail to 136 Simcoe St. North Suite 4 Oshawa

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