



## HART HUB OPENS

The opening of this new Homelessness and Addiction Recovery Treatment (HART) Hub is an important step forward to better support people in our community experiencing homelessness, mental health challenges or addictions.

As a system partner with the Durham Community Health Centre and other local organizations, we are helping to bring co-ordinated wraparound supports to those who need it most—making it easier for people to access the right resources, at the right time. We appreciate the Ontario Ministry of Health for their commitment to improving long-term outcomes for residents of Durham Region.

HART Hub Oshawa launching in partnership with Canadian Mental Health Association Durham: A Vital Step Toward Addressing Mental Health, Addictions, and Homelessness.

HART Hub Oshawa, in partnership with the Canadian Mental Health Association (CMHA) The HART (Homeless and Addiction

Recovery Treatment Hubs) Hub Model is an innovative, integrated care approach designed to address the growing mental health, addictions, and homelessness crisis in our community.

Funded by the Province of Ontario, HART Hub Oshawa represents a critical investment in the continuum of care.

The HART Hub will enable enhanced access to a suite of integrated, locally tailored health and human services supporting the treatment and recovery of individuals with complex service needs (e.g., mental health and addictions (MHA), primary care, employment, and social services, etc.).

It will also support stability and improved long-term outcomes for vulnerable people in Ontario by providing the opportunity to leverage proximate partners and offer a direct pathway to supportive housing.

The HART Hub will be a low-barrier, trauma-informed, culturally responsive health-care model that integrates a suite of services for clients

with complex service needs, such as: primary care, mental health, substance use treatment, housing with supports, and systems navigation for health, social and employment services.

“We are grateful to the province for approving this application,” said Sheryl Wedderburn, Chief Executive Officer of CMHA Durham. “This funding allows us to bridge gaps and enhance the continuum of care for those who need it most.”

This comprehensive proposal was developed with the support of partner organizations and in consultation with service users, local agencies, municipalities, police, and hospitals. With funding now confirmed, CMHA Durham and its partners are working quickly to bring the Hub to life.

“The Oshawa HART Hub completes our 28-site provincial network and marks a turning point for mental health care in Ontario.” Said Vijay Thanigasalam, Associate Minister of Mental Health

and Addictions for the Province of Ontario. “By bringing addiction recovery and housing supports together in one location, we are making it easier for people in Durham Region to access life-changing care. This is about building a stronger, safer, and more supportive province for individuals and families.” Key Features of HART Hub Oshawa: Mental health and addiction services include;

Symptom Management and Medication Titration Trauma-informed interventions Evidence-informed programming Case Management Recreation and Daily Living Supports Connections as required to community and housing supports An interdisciplinary team including nursing, specialized physician services, mental health and addic-

tions support, case management, recreation, peer support and indigenous workers. Collaborative Care: Built on strong partnerships across sectors Equity-Focused: Designed to serve marginalized and underserved populations HART Hub Oshawa had its soft launch on Monday March 23rd at 78 Richmond St West providing up to 10 beds with 24-hour support 7 days a week.

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