5 Seconds Can Change Your Life

Home Invasion Or Break-in;

By Tom Reimer
Metalex Security

That's all it takes for a home invasion or break-in; crime is at an all-time high and increasing daily! The following chapters are intended to educate, YOU are vulnerable, sorry to say, ignorant and disinformed.

Let's take a short walk back in time, Alarm systems are not new, Historians state that the Romans used geese in 386 AD as a way to alert them of danger. Around 1700 an English inventor created a door lock that was linked to a set of chimes, then a century later in 1853 came the first electromagnetic system that when a door or window would open a circuit would close and set off an audible alarm. Now, think about what these 3 periods have in common? I call this "my bone of contention". All Alarms, past, current and future can only tell you that you are being violated and you better get yourself into a defence mode or if you are not present then drop everything, the vacation is over, head to your home or business to face reality, you have just become a victim of crime! I'm not against alarms, I personally have one, what this is about is that you need to be more proactive in your quest to protect your home and family.

It doesn't matter if you've been away for a few hours, for the day, for the weekend or for an extended holiday. It takes burglars only a few moments "5 Seconds" to smash their way into your home, go to predictable places for valuables and be on their way again. You are left not only with the physical loss and inconvenience, but also with a sense that your privacy and home have been violated by strangers. "The scar that refuses to heal"

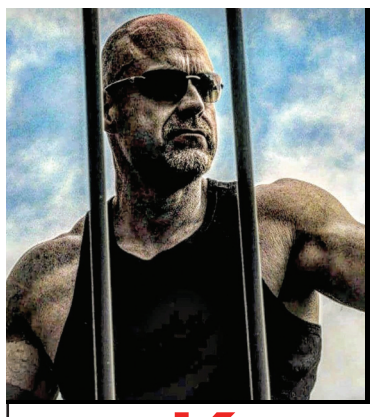
The following chapters will take an in-depth look at what makes you a target and what can be done to make you safe.

Let's start with outward appearance and what the thief is looking for. You take pride in home ownership and so you should. A well-kept yard, fresh-cut grass, beautiful, lush green grass, new car in the driveway, you have spent a lot of hard-earned cash to present this to the world and that's OK but it also speaks of that, you have something to lose, I'm not suggesting that you make changes, only that you need to be even more diligent!

Let's start at front door, why? Every would-be thief let's call him "Sly" wants to know if you are at home. so step one, Sly knocks or ring the bell, no answer? Well, the coast may be clear or are you just not answering? Hopefully not the latter, you don't want to come face to face. Then, Sly looks through that window beside the door (side lite) no shadows, or movement, OK, seems simple, so Sly turns around to see if anyone is walking by, the coast is clear and one or 2 kicks backwards (donkey kick) and the door frame or lock is on the floor Alarm count down is beeping, so what! Sly heads up the stairs, doesn't take off his shoes, no time! And where does he go? Yup, Master bedroom, what's he looking for?

Your stuff, it's conveniently left everywhere cash and jewellery in a nice wood cabinet, maybe a watch or two, how about that ID in the top dresser drawer, grab the pillowcase and start filling. At this point the alarm delay is over, alarm is blaring and Sly is out of here.

5 Seconds can change your life, come back next week to learn some effective ways to protect your doors from a random kick-in. Stay tuned.



THE Mr. X Files

By John Mutton

CENTRAL EXCLUSIVE

Karmageddon

Oshawa's Greatest Opportunity Is Still Ahead

By Mr. 'X' ~ John Mutton, Former Mayor of Clarington
CENTRAL EXCLUSIVE

For years, the discussion about Oshawa has focused on homelessness, addiction, public safety, and the gradual erosion of parts of the downtown core. These are real issues that affect residents, businesses, and visitors alike. They deserve attention, compassion, and practical solutions.

But if that is all we talk about, we risk overlooking one of the greatest economic opportunities in Ontario.

Oshawa is already home to an extraordinary collection of institutions that many communities would envy. General Motors, Durham College, Ontario Tech University, Lakeridge Health, and the cancer centre provide a remarkable foundation for future growth.

Ontario Power Generation has established its corporate headquarters in Oshawa while Canada advances Small Modular Reactors at Darlington. Major industries often develop corporate office clusters away from their operating facilities, creating an opportunity for Oshawa to become

Canada's leading nuclear office and professional services hub.

I believe Oshawa's next Council should establish a Nuclear Economic Development Task Force focused on attracting engineering firms, consultants, technology companies, legal and financial services, and other businesses supporting Canada's expanding nuclear industry while filling existing downtown office space.

The new Queen's University medical education presence also has the potential to become one of Oshawa's greatest economic drivers, attracting physicians, researchers, students, investment, and healthcare supply-chain businesses.

Addressing homelessness, addiction, and downtown decline remains a daunting challenge. However, economic growth and downtown revitalization can reinforce one another. More investment, more jobs, and more professionals downtown can strengthen commerce and community vitality.

Getting this right could solve two challenges at once: helping revitalize the downtown while positioning Oshawa as one of Canada's premier centres for nuclear and medical innovation.

Canada has a double standard on hate

By Rodney Clifton

Violence against every religious community deserves the same public response

Over the last few months, there have been numerous attacks on Jewish people and their community centres and synagogues. Canadian political leaders have responded swiftly with condemnations, increased funding and promises of tougher enforcement. That response stands in sharp contrast to the more muted reaction to the widespread desecration and burning of Christian churches over the past five years.

On May 7, for example, three men leaving the Chasidei Bobov Synagogue in Toronto were shot at by assailants in an automobile. Fortunately, only one man was struck by a projectile from an imitation firearm. Five people have been arrested, and the police expect to charge a couple of others.

Ontario Premier Doug Ford said he was "disgusted" by the attacks and expected those responsible to be punished to the full extent of the law. On May 8, Prime Minister Mark Carney called the attacks "an abhorrent act of antisemitism" and pledged his full support to law enforcement.

On May 6, the federal government committed $75 million on top of the $10 million awarded in March to protect Jewish community centres and synagogues. On June 1, the Prime Minister reiterated that "antisemitism has surged to levels not seen in the postwar period" and that antisemitism in Canada is "especially severe and demands a targeted response." On the same day, he announced the creation of the Ministerial Advisory Council on Rights, Equality, and Inclusion, a broad advisory council whose mandate includes studying the drivers of antisemitism in Canada.

If Carney is serious about thwarting crimes against Jews and synagogues, he should also turn his attention to charging those who desecrated or burned down Christian churches, something that has been happening over the past five years.

To understand the background, it is worth briefly reviewing the events of May 2021. The Kamloops Indian Band claimed that 215 children from the Roman Catholic residential school had died and were unceremoniously buried in the residential schoolyard. So far, no forensic evidence has verified the band's claim. Nevertheless, after the claim was published, more than 100 churches were desecrated or set on fire.

The church arsons reached a critical level in 2024, when two immigrants living above the House of Covenant International Church in Winnipeg died when the building was set on fire. Thankfully, a person has been charged with this crime.

A few years earlier, when former prime minister Justin Trudeau was asked to condemn the attacks against Canadian churches, he correctly replied that "it is unacceptable and wrong that acts of vandalism and arson are being seen across the country." However, this condemnation was soon tempered when his former principal secretary, Gerald Butts, said that the burnings "may be understandable."

Canadians will also remember that following the May 27, 2021, proclamation by the Kamloops Indian Band, Trudeau had the Canadian flag flown at half-mast on public buildings for more than five months, supposedly in mourning for the school children who were believed to be buried in the residential schoolyard.

Clearly, the official response to the crimes perpetrated against Christian churches has been weak. Surprisingly, few national leaders have condemned these attacks, and equally disheartening, few perpetrators have been charged and brought to justice. In fact, a Macdonald-Laurier Institute study claimed that fewer than four per cent of the church arsons between 2021 and 2023 resulted in charges.

To date, there have been no official hearings, no task forces, and no national inquiries to thoroughly investigate the widespread desecration of churches. Surely, an official inquiry is needed to understand why churches were attacked and, more importantly, to bring the perpetrators to justice.

The failure of Canadian authorities to treat attacks against Christian churches the same way they are treating attacks against Jewish synagogues is hypocritical. Attacks on all religious buildings and people are unacceptable. Attacks on Muslims and Jews get attention, as they should, but let's not forget the many attacks on Christian churches.