



Oshawa Italian Recreation Club
Celebrate International Men’s Day

Oshawa - International Men's Day is a global awareness day for many issues that men face, including abuse, homelessness, suicide, and violence, celebrated annually on 19 November.

The objectives of celebrating an International Men's Day are set out in "All the Six Pillars of International Men's Day". The objectives of celebrating IMD are set out in 'The Six Pillars of International Men's Day' (outlined below) which aim to celebrate men's positive contributions to society, community, family, marriage, child care, and to the environment.

The day recognises men who contribute to society through kindness, responsibility, and leadership, and highlights their roles in families, communities, relationships, childcare, and environmental responsibility.

The OIRC Ladies Committee at the Oshawa Italian club extends its sincere appreciation to all who participated in our inaugural International Men's Day (IMD) event. The exceptional attendance was truly impressive.

Recipients included: Alessandro Magnone, Andrea Ippolito, Sam Pellegrino, club President Andrea Miceli.

The brave man is not he who does not feel afraid, but he who conquers that fear. Try not to become a man of success, but rather try to become a man of value. The greatness of a man is not in how much wealth he acquires, but in his integrity and his ability to affect those around him positively.



Over \$21,000 grant from Firehouse Subs Foundation
boosts safety for Clarington firefighters

Clarington, Ontario — Clarington Emergency & Fire Services (CEFS) welcomed a \$21,865 grant from the Firehouse Subs Public Safety Foundation of Canada. As Station 1 (Bowmanville) expands into a two-truck hall to better serve the community, the funding enabled the addition of a new gear extractor unit.

Gear extractors are specialized systems that remove harmful substances from bunker gear after exposure to smoke, chemicals, and other fire-related debris. This brings the total to five gear cleaning systems now in place across CEFS stations. The extractor aligns with best practices outlined in Ontario's firefighter cancer prevention checklist and industry best practices, underscoring Clarington's commitment to health and safety.

"Clarington's fire crews are

hometown heroes, always looking out for us. It's great to welcome more folks to the team that protects our growing community, and we really appreciate the Firehouse Subs Foundation helping us keep the crews safe," said Clarington Mayor Adrian Foster.

Brave hearts deserve strong protection—this new gear cleaning equipment is one more way we stand behind our firefighters.

This investment supports Clarington's growing population by ensuring firefighters have the tools and infrastructure to respond safely and effectively. It follows one of the Municipality's largest volunteer recruitment efforts in recent years and comes ahead of construction of a new firefighter training facility in Bowmanville—reinforcing Clarington's commitment to modern, well-equipped

emergency services.

"We're proud to give back to Clarington Emergency and Fire Services and provide them with this much-needed equipment. Supporting hometown heroes is at the forefront of everything we do, and we're proud to partner with CEFS to give back to their community," said Robin Peters, Firehouse Subs Public Safety Foundation of Canada Executive Director.

The Municipality of Clarington is actively pursuing valuable external funding opportunities, reducing dependency on the property tax base while supporting the delivery of meaningful municipal services. Clarington thanks the Firehouse Subs Public Safety Foundation of Canada for its continued support in helping safeguard the health and well-being of first responders.



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