



Sal's

HOME OF THE .99¢ HAM!

FLYERS EFFECTIVE FROM AUGUST 21 - 27TH



PROUDLY CANADIAN
WE SUPPORT TE
LOCAL FARMERS



DURHAM

LOWEST PRICES.

GUARANTEE LOWEST PRICES
ON YOUR GROCERY BILL!



2/51
600 g
SanMar's
Glazers



Sal's WEEKLY FRESH DEALS!

Get More for Less

FLYERS EFFECTIVE FROM AUG 21 - AUG 27



3.99 lb
8.80 kg
PEAMEAL BACON



9.99 lb
22.02 kg
BEEF SHORT RIBS



8.99 lb
19.82 kg
Boneless Blade Steak & Roast



\$1.49
Teach
GREEN LEAF LETTUCE



1.99
100g
Sugarbush Maple Ham



\$2.99
230g
MacLarens Imperial Cheese Spread



\$1.49
175g - 250g
Piller's Turkey Pepperoni Toppings



\$5.99
4L
Sealtast Party Skimmed 2% Milk



\$1.99
675g
Heinz Real Mayonnaise



\$3.99
1.5kg
Watson Ridge Chicken Nuggets, Popcorn, Burger

START SAVING TODAY!!!

Dairy

FLYERS EFFECTIVE FROM AUG 21 - AUG 27



1.99
550g
Lahneh Spread Cheese



2.99
150g
Maison Riviera Aged Cheddar Cheese



3.99
12 Count
Gray Ridge White Eggs Grade A Large



2.49
227g
Philadelphia Whipped Cheddar Cream Cheese



1.99
375g
Smoke House Naturally Smoked Bacon



2.49
371-384g
Hershey's S'mores/Jell-O Oreo/Orange/Strawberry Cheesecake



.99c
80-90g
Kraft Lunchables Ham/Turkey/Pizza/Nacho



4.99
454g
Beatrice Unsalted Butter



3.99
375-450g
Schneiders Red Hot Juicy Jumbo Hot Dogs



1.49
340g
Pillsbury Country Biscuits/Flaky Roll



5.99
800g
Mastro Casalingo Salami



3.99
300g
Mastro German Salami

Bakery Favourites!



3.99
12 Pack
Dempster's Signature Classic Burger Buns



2.99
6 Count
Soft Italian Sub Rolls



3.29
2 Units
Fresh All Beef Sausage Rolls



3.99
3 Patties
Fresh Jamaican Beef/Chicken Patties

Butcher's Finest

FLYERS EFFECTIVE FROM AUG 21 - AUG 27



11.99 lb
26.43kg
T-Bone Steaks



8.99 lb
19.82kg
Outside Roast



5.99 lb
13.21kg
Lean Ground Beef



8.99 lb
19.82kg
Tip Roast



11.17 lb
24.63kg
Beef Sandwich Steak



9.99 lb
22.02kg
Top Sirloin



11.17 lb
24.63kg
Veal Cuttlets



8.99 lb
19.82kg
Eye of Round Roast & Steak

Fresh Pork



2.99 lb
6.59kg
Pork Rib End Tenderloin



3.49 lb
7.69kg
Pork Butt Roast



3.49 lb
7.69kg
Picnic Roast & Steaks



2.99 lb
6.59kg
Ground Pork

Fire the grill!



2.99 lb
6.59kg
Fresh Chicken Legs



2.49 lb
5.49kg
Fresh Chicken Drumsticks



4.49 lb
9.90kg
Chicken Split Wings



1.49
/100g
Carver's Choice Smoked Half Ham

Frozen

FLYERS EFFECTIVE FROM AUG 21 - AUG 27



9.99
500g
Frozen White Shrimps Peeled



4.99
900g
Butcher's Selection Jumbo Hot Dogs



3.49
336-357g
Musafir Masala Omlette/Panier/Butter Chicken Bites



6.99
800g
Frozen Fully Cooked Chicken Nuggets/Chicken Balls



3.99
1kg
Tastyp Vegetable Spring Roll



3.99
230g
Frozen Raw Breaded Shrimps



3.99
1kg
Frozen Thick Coated Extra Large Fries



3.99 lb
8.80kg
Frozen Basa Fillet



1.99
280g
Healthy Choice Cauliflower Curry Power Bowls



1.99
686g-227g
Bakery Fresh Cupcakes/Donuts/Brownie



4.99
400g
Frozen Crispy Tempura Onion Rings



9.99
852g
Belmont Meats Cheese and Bacon Beef Burgers



10.99 lb
Frozen Short Cut Lamb Leg



2.49
450g
Butter Croissants Ready to Bake



2.49
800g
Cavendish Classic Hash Browns Skin-On Diced



3/\$5
160-200g
Ingrano Garlic Bread/Margherita/Veggie Delight Pizza

Grocery

FLYERS EFFECTIVE FROM AUG 21 - AUG 27



2.99
455g
Quaker Protein Oat Cereal



1.99
650ml
Kraft Miracle Whip Original Squeeze



2.99
315-343g
Kellogg's Froot Loops/Frosted Flakes Cookies & Creme Milkshake Cereal



2/\$5
454g
Peanut Butter & Co Crunch Time



2.99
400g
Weetabix Whole Grain Cereal Biscuits



5.99
900g
Kraft Cheez Whiz



2/\$1
450ml
Mogu Mogu Lemon/Peach Iced Tea



1.99
250ml
Palta Extra Virgin Avocado Oil



1.49
76-110g
Nestle Coffee Crisp Mix-Ups/Drumstick Bites/Wafer Cone



4/\$5
113g
Betty Crocker Creamy Butter/Sour Cream&Chives Flavoured Mashed Potatoes



.99c
106-142g
Sensible Portions Assorted Flavored Chips



.99c
175-200g
Kraft Dinner Original/Spirals Macaroni and Cheese Dinner



3/\$2
372g
Angie's Sea Salt Bom Chicka Popcorn



1.99
355ml
J.L. Kraft Pure Maple & Dijon Dressing & Marinade



3/\$5
450g
Taco Bell Creamy Crunch Supreme/Spicy Bean Dip



3/\$5
276ml
Heinz Tomato Ketchup

Deli

FLYERS EFFECTIVE FROM AUG 14 - AUG 20



1.29
/100g
Delfresh Oven Roasted Black Forest Ham



.99c
/100g
Buffalo Oven Roasted Chicken



.99c
/100g
Cooked Turkey Breast



1.49
/100g
Smoked Turkey Breast



1.29
Regular or Lean Mortadella



1.99
Mild Genoa Salami



1.49
Pastrami



1.99
Hot/Mild Calabrese



2.99
/100g
Prosciutto



1.49
/100g
Off the Bone Ham



1.99
/100g
Angus Roast Beef



.99c
/100g
Rosemary or Tuscany Oven Roasted Ham

Cheese



1.99
/100g
Marble Cheese



1.99
/100g
Baby Gouda



1.99
/100g
Medium White Cheddar



1.99
/100g
Fontal Melting Cheese

IN OSHAWA

385 STEVENSON RD N
OSHAWA, ON L1J 5Y6
905-579-0200



STORE HOURS:
Monday - Saturday
8:00 am - 9:00 pm
Sunday
8:00 am - 8:00 pm

IN AJAX

120 HARWOOD AVE
SOUTH AJAX, ON L1S 2H2
905-426-6847

FRESH QUALITY
LOW PRICES
GREAT SERVICE

START SAVING TODAY!!