



# 5 Seconds Can Change Your Life

By Tom Reimer  
Metalex Security

That's all it takes for a home invasion or break-in, crime is at an all time high and increasing daily, why?  
Well, that's a multi-facetted answer, let's start with a break down of our social fabric.

Shortly after the 2nd world war the middle class became the most dominant members of society, this was a time when a family could afford a home, war time bungalows would cost under ten thousand dollars and the "Man of the house" would be the sole "bread winner" With mom at home, children grew up with strict moral standards.

If you got out of line if it wasn't just a parent holding you accountable it would often be a total stranger! "Takes a village to raise a child" How many times have you heard "We never had to lock our doors, 5-year-olds, myself included would walk ourselves to school without an adult" Well that has all changed, if you haven't been a victim of crime, consider yourself one of the lucky ones and don't wait to find out.

Victims of crime tell me that when they have been violated it stays with you for life, A cut that refuses to heal.

So, what can you do about it? Well stay tuned, this is the first episode of the first season of "Tips and Tricks" from a veteran "TARGET HARDENING SPECIALIST"

Tom Reimer, I am a local Durham region resident and owner/operator of a truly unique security company that over the past four decades has grown with the ever-increasing demand for a more secure home and business.

When you think about security, what's the first thing that comes to mind, tic toc, tic toc, tic toc. That's right "ALARMS AND CAMERAS"

But why?, think back to a time when there was no such thing as "ADT or Chub Security" heck, we didn't even have electricity.

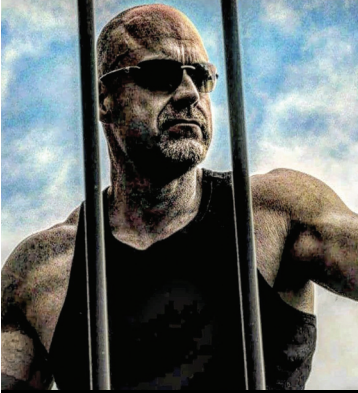
So in a world where everyone wanted what you have, people would need to Fortify themselves the Hard Way "keep the marauders from the door" fortification such as extremely high and thick walls, a moat and draw bridge, braces across an extremely heavy door, heavily armed soldiers the list go on, the moral of the story is similar to the earlier slogan about a village, when it comes to your family and home, "Security is a multi level approach"

Your local Alarm Company wont tell you that, Alarms and Cameras are fine and we have no problem with them, almost 100% of our customers have one but this should not be your sole line of defence, it cant be, they only work after the fact, the devastating breach is done. You need to be pro-active! The Police no longer show up if your alarm company reports a break-in in progress. Why, just a fun fact, Ontario's false alarm rate is currently 97% The boy that cried wolf comes to mind

The police have better things to do than follow up knowing that merely 3 in 100 calls are an actual home invasion or break-in.

So where do we go from here? every story posted will be another Tip and Trick on how to keep your home, family and even your business safe from a devastating attack.

The bottom line is to make yourself the least attractive location of opportunity, one of my all-time favorite expressions "If you are in the forest with a group of people and you are being chased by a bear, you don't need to be the fastest runner you just need to be faster than the slowest" Stay Safe.



# THE Mr. X Files

By John Mutton  
CENTRAL EXCLUSIVE

# Karmageddon

## Don't Let Your Gunpowder Get Wet

By Mr. 'X' ~ John Mutton, Former Mayor of Clarington  
CENTRAL EXCLUSIVE

The greatest threat to democracy isn't always found at the ballot box. Sometimes it's found in the council chamber.

Every election brings hope. New candidates knock on doors, attend debates, and make promises to the people they hope to serve. They speak passionately about lowering taxes, fixing neglected infrastructure, improving public safety, protecting neighbourhoods, increasing transparency, or restoring common sense to local government.

The voters listen. They compare ideas. And then they choose.

Election night is not simply about replacing names on office doors. It is about giving citizens a voice through the people they elect. But for too many newly elected representatives, something changes after they're sworn in. The campaign signs come down. The congratulations fade. And then the pressure begins.

"Be a team player." "That's just how we've always done things." "Don't rock the boat."

"Vote with the group."

Those four phrases have quietly silenced more elected officials than any opponent ever could. Democracy was never intended to produce obedient followers. It was designed to elect independent thinkers. There is an enormous difference between cooperation and conformity. Cooperation means listening, debating, compromising when appropriate, and respecting opposing views.

Conformity means surrendering your convictions simply because the majority expects it. That is not leadership. That is political intimidation wrapped in polite language.

The public did not elect you to become another vote in someone else's bloc. They elected you. They chose your judgment. Your experience. Your courage. Your willingness to ask difficult questions when everyone else has become comfortable. Perhaps the greatest danger in municipal politics is something I call the slow surrender. It doesn't happen overnight. One vote here. One compromise there. One issue you decide isn't worth fighting. One uncomfortable question left unasked. Until one day you look back and realize the person sitting in that council chair no longer resembles the candidate who stood on doorsteps asking for the public's trust. History has taught us an important lesson.

Mob rule has never been a reliable substitute for principled leadership.

The majority can be right. The majority can also be wrong. That is why democracies require independent representatives—not rubber stamps. The easiest vote in politics is the one everyone else is casting. The hardest vote is the one your conscience demands.

If you were elected because you promised to protect taxpayers, then protect taxpayers. If you promised to improve infrastructure, fight for infrastructure. If you promised accountability, demand accountability.

Never apologize for keeping the promises that earned you the confidence of the voters. There will always be pressure to fit in. Pressure to stay quiet.

Pressure to stop asking difficult questions. Pressure to avoid making colleagues uncomfortable. Ignore it.

The people who elected you did not send you to town hall to become popular inside the building. They sent you there to represent the people outside it. Remember this every time you're asked to support the team. Your team isn't the voting bloc. Your team isn't the political establishment. Your team isn't the group sitting beside you around the council table.

Your team is the taxpayer who believed your word meant something.

This October, many new councillors will walk into municipal offices for the first time. My message to each of them is simple. Don't let your gunpowder get wet. Stand your ground. Ask the difficult questions. Challenge bad ideas—even when they're popular. Vote according to your principles, not according to pressure. Because if the people wanted another member of the old majority... They wouldn't have elected you.



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