

ARMY SURPLUS STORE

NOW OPEN IN OSHAWA

DURHAMS #1

Indoor Airsoft Range

WE OFFER A HUGE:

Selection of new and militray surplus...
airsoft , airguns, knives, tactical gear, security, boots and more.

COME CHECK US OUT

Camouflage Military Surplus and Supplies

600 Grandview St S, Oshawa, ON L1H 8P4

(365) 633-7172

HELP IS ON THE WAY

GST tax credits and other federal rebates this year

DURHAM - It has been reported that many during the holiday season have had to turn to food banks and social assistance. Many more have reported this holiday season as the worst on record. Food banks have been running out and supply chains pushed to the limit.

The local economy is suffering and people are feeling the pinch. Any assistance is being welcomed. Government cheques for many are a matter of eating or not for days.

The first of several rebates from the federal government is set to go out to qualifying Canadians in just a few days, which means some will be getting a bit extra in their wallets to start the new year.

These tax credits or incentives are for specific purposes, including affordability for lower-income households, especially those with children and older Canadians.

To avoid any delays, especially with the mailing of paper cheques, the Canada Revenue Agency is encouraging all Canadians eligible for rebates to sign up for direct deposit. Here are all of the federal rebates scheduled to go out to Canadians in 2026.

Goods and services tax credit

The GST credit is also known as the harmonized sales tax credit in regions where that applies, and is paid out to qualifying Canadians four times per year. Information submitted during tax filing season determines the payment amount, including the income, marital status and num-

ber of children in a household, if any.

According to the federal government, the maximum annual amount an individual may receive from July 2025 to June 2026 is \$533, while a married or common-law couple could see up to \$698 combined.

The payment amounts are recalculated every July based on how much a family or individual earned in the previous tax year. This means that in July 2026, the GST credit will be recalculated based on the tax filings submitted in April 2026.

The payment dates for GST credits in 2026 are on Jan. 5, April 2, July 3 and Oct. 5.

Canada Child Benefit

The federal government will soon start sending out 2026 credits for qualifying families to help with the cost of raising children amid the heightened cost of living in Canada.

According to the federal government, the Canada Child Benefit (CCB) is a tax-free monthly payment for eligible families to help with the cost of raising children under 18 years of age.

The amount a qualifying family may receive mostly depends on the net income based on tax information submitted to the CRA. CCB payments are sent every month, starting on Jan. 20.

Canada Workers Benefit

The Canada Workers Benefit (CWB) is a tax credit rebate that supports lower-income workers, and 2026 payments will start in January.

Qualifying for the CWB usually means being a Canadian resident age 19 or older and earn-

ing a net income that is considered below the level specific to the province or territory.

For example, in the 2024 tax year, the net income level in most of Canada, besides Quebec, Alberta and Nunavut, was \$36,749 for an individual without children, while for a family with children, it was \$48,093.

Individuals in the 2025 tax year who qualify could receive a total of up to \$1,590, while families could get up to \$2,739.

There are three Canada Workers Benefit payments sent out in 2026: the first on Jan. 12, then on July 10 and on Oct. 9.

Old age security

Canadians who are over the age of 65 will usually qualify for payments from the federal government known as old age security (OAS). It is determined based on how long they have lived in Canada after the age of 18, regardless of whether they were employed.

The OAS payments are administered by Service Canada, but the amount Canadians who qualify may receive is determined based on the information provided to the CRA.

Service Canada will typically enrol qualified Canadians into OAS automatically, and will inform those individuals by mail. The federal government says if it's been one month since a Canadian's 64th birthday and they still have not received an enrolment letter, they may need to apply themselves.

OAS payments are sent out every month in 2026, starting on Jan. 28.

NOW IN OSHAWA

Sal's

Welcome To Sal's Grocery Store

Sal's Grocery Store

Happy New Year

WE EXPANDED TO A NEW LOCATION

Flyers Effective From Jan 2-Jan 8

Butcher's Finest

Flyers Effective From Jan 2- Jan 8

Sal's Grocery Store

899lb Sirloin Tip Roasts

1299lb Prime Rib Steaks & Roasts

588lb Chicken Breast Boneless

199 Green Zucchini

299 Cauliflower

399 Romaine Lettuce

49lb Fletcher's Pork Cottage

3/\$5 Taco Bell Dinner Crunchy/Soft Taco Kit

2/\$5 Wontons Korean Style Pork & Veggie

2/\$5 MonCoCo Tree Truffle Cake

399lb Hayler's Farm Frozen Turkey

199 Greek Feta Cheese

199 Pillsbury Cinnamon Toast Crunch Winter Cakes

299 D'Art Quebec Mozzarella Diced/Lactose Free Bar

199 Pillsbury Pizza Crust Pre-Made Dough

299 Cracker Barrel Black Cheese Apple Cheddar

299 Parkay Soft Margarine Value Size

299 The Stella Lactose-Free Mozzarella Cheese Ball

99c Philadelphia Cream Cheese Frosting

199 Capello Blue Cheese

499 The Stella Ricotta/Bocconcini/Feta Cheese

288 Bob's Bacon

499 Tzatziki Greek Spread

129 Montreal Turkey Breast

149 Off the Bone Ham

299 Prosciutto Cured

129 Sundried Tomato & Basil Turkey

399 Greek Style Pita

499 Kalee Bread Rolls

399 Fresh All Beef Sausage Rolls

399 Fresh Jamaican Beef Chicken Patties

599 Hashbrown Patties

2/\$5 Cavendish Farms Classic Skin-On Diced Hash Browns

599 Frozen Thick Coated Extra Large Fries

299 McCain Diced Hashbrowns

99c Lemon Pie

899 Maple Leaf Frozen Pork Sausage Meat

99c Healthy Choice Power Bowls Cauliflower Curry

199 Maple Leaf Frozen BBQ Vegetable With Kintchi Fried Rice

499 Roman Ravoli Sausage/Three Cheese

599 Catch of the Day Haddock Fillets

199 Chef Francisco Ready to Serve Soup Assorted 40 Flavours

299 Tim Hortons English Muffins

999 Chicken Tenders Breaded & Seasoned

399 Red Baron Fully Loaded Meat Lovers Pizza

2/\$5 Margherita/Tomato & Cheese Pizzas

599 Watson Ridge Chicken Nuggets, Popcorn, Burger

799 Kraft Peanut Butter Smooth

2/\$5 Nature Valley Muffins Banana Chocolate Chip Blueberry Apple Cinnamon

799 Cheez Whiz Cheese Spread

2/\$5 Cheez Cereal Corn

599 Exclusive Orlino Fanta Strawberry Crush Strawberry Day Cherry Cola Cherry Pepsi Cherry Fanta

Flyers Effective From Jan 2- Jan 8

Sal's Grocery Store

199 Chuck Roasts Blade Boneless

999lb Beef Roasts Eye of Round

1199lb T-Bone Steaks

999lb Top Sirloin Steak

1299lb Beef Sandwich Steak

1299lb Veal Cutlets

1199lb Striploin Steaks

999lb Beef Short ribs

499lb Pork Tenderloins

399lb Pork Butt Chops BONE-IN

399lb Schneiders Bone-In Ham

399lb Pork Centre & Rib Chops

199lb Fresh Chicken Legs

199lb Fresh Chicken Drumsticks

199lb Maple Leaf Top Dogs

599lb Butcher's Selection Stampede Hotdogs

129 Delectable Oven Roasted Black Forest Ham

149 Mild Capocollo

199 Oven Roasted Turkey Breast

99c Cooked or Smoked Chicken Breast

149 Hot/Lean/Regular Mortadella

199 Mild Genoa Salami

229 Angus Roast Beef

99c Cooked Ham

199 Swiss Cheese

249 Baby Gouda

199 Medium White Cheddar

199 Fontal Melting Cheese

199 Clover Leaf Hardwood Smoked Oysters

399 Dreo Winter Chocolate Sandwich Cookies Holiday Edition

3/\$5 61 Monterey, Cheddar/Jack Cheese

4/\$5 Betty Crocker Creamy Butter Four Cream Cheeses Flavored Marshmallows

5/\$1 Takis Halloween Mix (Pugo & Nacho)

199 Cheerios Strawberry Banana/ Reese's Puffs Mini/Lucky Charms Minis

2/\$3 Tropicana Tropics Pineapple Paradise Blend

4/\$5 Chips Ahoy! Baked Bites Blondie

799 Kraft Peanut Butter Smooth

2/\$5 Nature Valley Muffins Banana Chocolate Chip Blueberry Apple Cinnamon

799 Cheez Whiz Cheese Spread

2/\$5 Cheez Cereal Corn

599 Exclusive Orlino Fanta Strawberry Crush Strawberry Day Cherry Cola Cherry Pepsi Cherry Fanta

120 Hardwood Ave

AJAX

385 Stevenson Rd

OSHAWA

HOURS OF OPERATION

Monday to Friday: 9:00am - 7:00pm

Saturday: 9:00am - 7:00pm Sunday: 9:00am - 6:00pm

NOW UBER HOME DELIVERY SERVICE

NOW HIRING

The Oshawa/Durham Central Newspaper

Hiring Full Time ADVERTISING CONSULTANTS. WE TRAIN YOU. GREAT PAY. EXCEPTIONAL OPPORTUNITY To Work For One Of The Industry Leaders. ALL AGES WELCOME. Bring Resume in person to: 136 Simcoe St North, Suite 4. Oshawa ON 905-432-2657

START YOUR NEW CAREER TODAY!!!