

Family and Peer Voices for Better Behavioral Health



**988** is now the 3-digit phone number for the 988 Suicide & Crisis Lifeline, formerly known as the National Suicide Prevention Lifeline. The Lifeline via 988 links to the Veterans' Crisis Line.

Call or Text 988 if you or a loved one are experiencing:

- Thoughts of Suicide
- Mental Health Crisis
- Substance Use Crisis
- Emotional Distress

988 Trained Crisis Call-Takers Will Provide:

- Compassionate Counseling 24/7
- Support, Free of Charge
- Confidentiality
- De-Escalation
- Referrals to Community Resources
- Warm Handoffs to Mobile Response

988 connects callers with treatment and resources the first time they experience crisis (B4 Stage 4). Most calls are resolved on the phone, reducing the need for a more costly in-person response. Fewer than 2% of Lifeline calls require connection to emergency services such as ambulance or police.\*

\*per Substance Abuse and Mental Health Services Administration (SAMHSA)

## Please help make 988 a success in Florida!

The growth of the 988 crisis response system will rely on support and coordination by state, federal, and local governments.



5205 Greenwood Ave #110, West Palm Beach, FL 33407 www.flmhac.org Contact: Gayle Giese, Coalition Leader gayle@flmhac.org

## Florida's 988 Suicide & Crisis Lifeline Centers

211 Big Bend – Tallahassee Serving NW Florida

**211 Brevard –** Rockledge Serving East Central Florida

211 Broward – Oakland Park Serving Southeast Florida

211 Heart of Florida United Way – Orlando Serving Central Florida

> 211 Jewish Community Services of South Florida – North Miami Serving South Florida

211 Palm Beach/Treasure Coast, Inc. Lantana Serving Southeast Florida

211 Tampa Bay Cares – Clearwater Serving the Suncoast

Alachua County Crisis Center – Gainesville Serving Northeast Florida

Crisis Center of Tampa Bay, Inc. – Tampa Serving the Suncoast

David Lawrence Mental Health Center, Inc. Naples Serving the Suncoast

## **Personal Enrichment Through Mental**

Health Services (PEMHS) – Pinellas Park Serving the Suncoast

> United Way 211 – Jacksonville Serving Northeast Florida

211 NW Florida/United Way of NW Florida Pensacola Serving Northwest Florida