

"Life has no limitations, except the ones you make."

- Les Brown

June2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hatha Flow in the Park 9am-10am 725 W Broadway St Lawrenceburg, KY 40342 If it rains, class is in studio	2 (F) Agni (Fire) 6:0pm - 6:45pm)	3 (Y) Yin Yoga 6:00pm-7:00pm	4 Back to the Basics, Yoga 101 6:00pm-7:00pm	5 (F) Flexibility Deep Dive 6:00pm-7:15pm	6	7
Hatha Flow in the Park 9am-10am 725 W Broadway St Lawrenceburg, KY 40342 If it rains, class is in studio	9 (F) Agni (Fire) 6:0pm - 6:45pm)	10 Chair Yoga 6:00pm-7:00pm	11 Closed	12 (F) Flexibility Deep Dive 6:00pm-7:15pm	13	14
Hatha Flow in the Park 9am-10am 725 W Broadway St Lawrenceburg, KY 40342 If it rains, class is in studio	16 (F) Agni (Fire) 6:0pm - 6:45pm)	17 (Y) Yin Yoga 6:00pm-7:00pm	18 Back to the Basics, Yoga 101 6:00pm-7:00pm	19 (F) Flexibility Deep Dive 6:00pm-7:15pm	20	21 Closed
Hatha Flow in the Park 9am-10am 725 W Broadway St Lawrenceburg, KY 40342 If it rains, class is in studio	23 (F) Agni (Fire) 6:0pm - 6:45pm)	24 Chair Yoga 6:00pm-7:00pm	25 Back to the Basics, Yoga 101 6:00pm-7:00pm	26 (F) Flexibility Deep Dive 6:00pm-7:15pm	27 Closed	28
Hatha Flow in the Park 9am-10am 725 W Broadway St Lawrenceburg, KY 40342 If it rains, class is in studio	30 (F) Agni (Fire) 6:0pm - 6:45pm)				-Book your private with us.. -Personal Training / Assisted Stretching -Inversion Training -Massage / Sauna	

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