
Lessons with Momi
TURN BIG IDEAS INTO ACTIONS!
Take One Step!
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Got a big idea—but keep saying, "I don't know where to start"?
That was me! I pictured an awesome science project.
But Axis asked, "How are you gonna make it?"
Uh... good question!
So I started with the finish and worked backward.
Science Project Supplies List
Poster board
Markers
Recycled materials
Glue / Tape
1 SHOW IT (Finish!)
2 BUILD IT
3 GET SUPPLIES
4 MAKE A LIST! (First Step!)
A big idea feels less confusing when you find one small step.
YOUR TURN!
Tell a grown-up something you wanna make or learn. Together, ask: "What do I need to do first?"
MY BIG IDEA PLAN!
1 My big idea is: _____
2 The finish (my goal) is: _____
3 To get there, my first step is: _____
_____
CHECK MY PLAN!
I can picture the finish (my goal).
I can list what I need.
I can do one small step today.
I can ask a grown-up for ideas or help.
MY ACTION PROMISE:
I will turn my big ideas into action by seeing it, planning it, and taking one step!
Signature: _____
Date: _____



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4. PLAN IT OUT!

Break your big idea into small, doable steps.

- ☐ Step 1: _____
- ☐ Step 2: _____
- ☐ Step 3: _____
- ☐ Step 4: _____
- ☐ Final Goal: _____

5. DRAW YOUR PLAN!

Draw a simple plan for your big idea. Include the finish and at least one step in between.

6. REAL-LIFE PRACTICE!

Choose ONE big idea you want to work on (make, build, learn, or do). Check what you'll do this week.

- ☐ List what I need.
- ☐ Get my supplies ready.
- ☐ Do the first small step.
- ☐ Ask a grown-up for support.
- ☐ Set a time to keep working on it.



7. REFLECT & GROW!

Check the statements that are true for you.

- ☐ I can turn a big idea into steps.
- ☐ I know what my first step is.
- ☐ I feel more confident now.
- ☐ I can ask for help if I get stuck.
- ☐ I'm ready to take action!

MY ACTION PROMISE:

I will turn my ideas into action by planning, taking one step, and keeping going!

Signature: _____ Date: _____