EXCEPTIONAL KID ACADEMY
special supports for exceptional kids

My Side of the Story

Draw It • Tell It • Help Others Understand



Sometimes adults don't see the whole picture.
This page helps you show what happened from your perspective.

1. BEFORE

What was happening before the incident?

I was thinking...

I was feeling...

2. DURING

What happened? What did you see? What were you thinking? What did you feel?

I was thinking...

I was feeling...

3. AFTER

What happened next? How did you feel afterward?

I was thinking...

I was feeling...



Something adults might not understand is...

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The Peace Builder

Own It • Understand It • Repair It!



When we make a mistake, we can take responsibility and help restore peace.

1. OWN IT!

What did I do?

- What was my choice or action?
- What part did I play?
- Can I be honest about my role?

I chose to...



2. UNDERSTAND IT!

Who was affected?

- How did my choice affect others?
- How did it make them feel?
- Did it take away from the peace in our classroom, home, or community?

My choice affected...



3. REPAIR IT!

What can I do to make things right?

- What can I do to repair the harm?
- How can I make amends?
- What can I do differently next time?

To make things right, I will...



NEXT TIME...

What can I do differently?

A STRONGER COMMUNITY

How will my different choice help our class, family, and community?

Strong Humans Aren't Built By Accident!

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