



Woodend Farm school

Kindness comes in many forms

Relationship and Sex Education Policy

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RECORD OF POLICY AMENDMENT / HISTORY

Version / Issue	Updated by	Date	Reviewed/ Approved By Governors	Reason for Change
V1.0 – initial draft	Gemma Quantrill	06/12/2022	26/01/2023	New policy
V1.1	Nicola Overland	19/12/2023	24/01/2024	Updates and review
V1.2	Nicola Overland	6/1/25		Annual updates
V1.3	Umut Baskal	04/09/2025	17/09/2025	New Government update
V1.3	Umut Baskal	10/10/25	17/09/2025	Amendment to job titles

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Introduction

The purpose of this policy is to outline how our Relationships and Sex Education (RSE) provision supports pupils' social, moral, cultural, emotional, and physical development. Our focus is on equipping pupils with the knowledge and skills to make informed, ethical decisions as they grow and change. We place particular emphasis on developing healthy, respectful relationships and promoting emotional and mental wellbeing.

This policy is informed by the statutory guidance from the Department for Education (July 2025), issued under Section 80A of the Education Act 2002 and Section 403 of the Education Act 1996. It reflects the requirements of the Relationships Education, Relationships and Sex Education, and Health Education (England) Regulations 2019.

Aims

We teach children about:

- Respectful relationships and valuing diversity
- Healthy relationships, including online safety and where to seek help
- The equality and diversity of families
- Personal safety, privacy, and bodily autonomy
- Scientific anatomical names for body parts
- Physical development and puberty
- Emotional wellbeing and mental health
- Consent and boundaries in age-appropriate ways

Context

Our RSE provision is embedded within our school's core values and supports the promotion of British Values. We are committed to safeguarding all children and recognise RSE as a key component of preventative education. Our inclusive, whole-school approach ensures that RSE is accessible to all pupils, including those with special educational needs and disabilities (SEND), and is delivered in a developmentally appropriate way.

We aim to:

- Promote positive behaviours and attitudes
- Support pupils in recognising and reporting abuse
- Build resilience and self-worth
- Foster respect for self and others
- Prepare pupils for the opportunities and responsibilities of adult life

Organisation

RSE is taught through our PSHE curriculum and, where appropriate, through the science curriculum. Our curriculum includes:

- Families and relationships: recognising diversity and valuing all family structures
- Friendships and respectful relationships: developing empathy, kindness, and conflict resolution skills
- Online safety: understanding risks, privacy, and respectful behaviour online
- Being safe: recognising appropriate and inappropriate contact, understanding consent, and knowing how to seek help
- Body awareness: learning correct anatomical terms and understanding physical changes during puberty
- Reproduction: understanding how babies are conceived and born, in line with the science curriculum

In progression step 1 and 2, we teach that animals including humans produce offspring, which grow into adults, and we also teach them about the main parts of the body. In progression step 3, we teach about life processes including reproduction and the main stages of the human life cycle, in greater depth. Once the pupils reach year 5/6, pupils are taught about puberty, menstruation, and the human life cycle. In line with guidance, we recommend teaching sex education in Years 5 and/or 6, including conception and birth, and consult parents on this content.

Inclusion and Accessibility

We ensure that RSE is accessible to all pupils, including those with SEND. Teaching is differentiated and personalised to meet individual needs. We are sensitive to pupils' backgrounds and circumstances, including religious beliefs, and ensure that all content is taught respectfully and in line with the Equality Act 2010.

Confidentiality and Safeguarding

RSE lessons are delivered in a safe, supportive environment with clear ground rules. Teachers are trained to handle sensitive topics and disclosures appropriately. Any safeguarding concerns arising from RSE lessons are managed in accordance with our Safeguarding and Child Protection Policy, with referrals made to the Designated Safeguarding Lead (DSL) as necessary.

Parents/Carers

We recognise parents as the primary educators of their children in matters of relationships and sex. We aim to build a positive partnership with parents through:

- Sharing the RSE policy and curriculum content
- Offering opportunities to view teaching materials

- Hosting information sessions
- Consulting parents during policy reviews
- Respecting parents' right to request withdrawal from sex education (not including statutory science or relationships education)

Parents may request to withdraw their child from sex education lessons by discussing this with the Executive Headteacher. Pupils may opt back into sex education from three terms before they turn 16.

The role of the Executive Headteacher

The Executive Headteacher is responsible for:

- Ensuring the effective implementation of this policy
- Monitoring and evaluating RSE provision
- Providing staff training and support
- Ensuring parents and staff are informed and engaged
- Responding to parental requests for withdrawal

Monitoring and Review

The governors are responsible for monitoring the implementation of this policy and considering feedback from parents and carers. The Executive Headteacher maintains a record of comments and concerns. This policy will be reviewed every two years or earlier in response to changes in statutory guidance.

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