

## **First Aid Policy**

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#### RECORD OF POLICY AMENDMENT / HISTORY

Version / Issue	Updated by	Date	Reviewed/ Approved By Directors	Reason for Change
V1.0 – initial draft	Gemma Quantrill	08/11/2022	26/01/2023	New policy
V1.1	Nicola Overland	31/10/2023	08/11/2023	Annual updates
V1.2	Nicola Overland	3110/2024		Annual updates

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#### 1. Aims

The aims of our first aid policy are to:

- > Ensure the health and safety of all staff, pupils and visitors
- > Ensure that staff and directors are aware of their responsibilities with regards to health and safety
- > Provide a framework for responding to an incident and recording and reporting the outcomes

## 2. Legislation and guidance

This policy is based on the advice from the Department for Education on <u>first aid in schools</u> and <u>health and safety in schools</u>, guidance from the Health and Safety Executive (HSE) on <u>incident reporting in schools</u>, and the following legislation:

- The Health and Safety (First-Aid) Regulations 1981, which state that employers must provide adequate and appropriate equipment and facilities to enable first aid to be administered to employees, and qualified first aid personnel
- The Management of Health and Safety at Work Regulations 1992, which require employers to make an assessment of the risks to the health and safety of their employees
- > The Management of Health and Safety at Work Regulations 1999, which require employers to carry out risk assessments, make arrangements to implement necessary measures, and arrange for appropriate information and training
- The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) 2013, which state that some accidents must be reported to the Health and Safety Executive (HSE), and set out the timeframe for this and how long records of such accidents must be kept
- Social Security (Claims and Payments) Regulations 1979, which set out rules on the retention of accident records

The Education (Independent School Standards) Regulations 2014 (revised), which require that suitable space is provided to cater for the medical and therapy needs of pupils

## 3. Roles and Responsibilities

#### 3.1 Appointed person(s) and first aiders

The school's appointed person is Nicola Overland, they are responsible for:

- > Taking charge when someone is injured or becomes ill
- Ensuring there is an adequate supply of medical materials in first aid kits, and replenishing the contents of these kits
- > Ensuring that an ambulance or other professional medical help is summoned when appropriate

First aiders are trained and qualified to carry out the role (see section 7) and are responsible for:

- > Acting as first responders to any incidents; they will assess the situation where there is an injured or ill person, and provide immediate and appropriate treatment
- > Sending pupils home to recover, where necessary
- > Filling in an accident report on the same day, or as soon as is reasonably practicable, after an incident (see the template in appendix 2)
- > Keeping their contact details up to date

Our school's first aiders are listed in appendix 1. Their names will also be displayed prominently around the school.

#### 3.2 Board of directors

The board of directors has ultimate responsibility for health and safety matters in the school, but delegates operational matters and day-to-day tasks to the head of school and staff members.

#### 3.3 The Head of school

The Head of school is responsible for the implementation of this policy, including:

- > Ensuring that an appropriate number of appointed persons and trained first aid personnel are present in the school at all times
- > Ensuring that first aiders have an appropriate qualification, keep training up to date and remain competent to perform their role
- > Ensuring all staff are aware of first aid procedures
- > Ensuring appropriate risk assessments are completed and appropriate measures are put in place
- Undertaking, or ensuring that managers undertake, risk assessments, as appropriate, and that appropriate measures are put in place
- > Ensuring that adequate space is available for catering to the medical needs of pupils
- > Reporting specified incidents to the HSE when necessary (see section 6)

#### 3.4 Staff

School staff are responsible for:

- > Ensuring they follow first aid procedures
- > Ensuring they know who the first aiders and appointed person in school are
- Completing accident reports (see appendix 2) for all incidents they attend to where a first aider/appointed person is not called
- Informing the Head of school or their manager of any specific health conditions or first aid needs

### 4. First aid procedures

#### 4.1 In-school procedure

In the event of an accident resulting in injury:

- The closest member of staff present will assess the seriousness of the injury and seek the assistance of a qualified first aider, if appropriate, who will provide the required first aid treatment
- The first aider, if called, will assess the injury and decide if further assistance is needed from a colleague or the emergency services. They will remain on the scene until help arrives
- The first aider will also decide whether the injured person should be moved or placed in a recovery position
- If the first aider judges that a pupil is too unwell to remain in school, parents will be contacted and asked to collect their child. Upon their arrival, the first aider will recommend next steps to the parents
- > If emergency services are called, the receptionist will contact parents immediately
- > The relevant member of staff will complete an accident report form on the same day or as soon as is reasonably practical after an incident resulting in an injury

There will be at least 1 person who has a current paediatric first aid (PFA) certificate on the premises at all times.

#### 4.2 Off-site procedures

When taking pupils off the school premises, staff will ensure they always have the following:

- > A school mobile phone
- > A portable first aid kit including, at minimum:
  - A leaflet giving general advice on first aid

- 6 individually wrapped sterile adhesive dressings
- 1 large sterile unmedicated dressing
- 2 triangular bandages individually wrapped and preferably sterile
- o 2 safety pins
- Individually wrapped
   moist cleansing wipes
- 2 pairs of disposable gloves
- > Information about the specific medical needs of pupils
- > Parents' contact details

When transporting pupils using a minibus or other large vehicle, the school will make sure the vehicle is equipped with a clearly marked first aid box containing, at minimum:

- > 10 antiseptic wipes, foil packed
- → 1 conforming disposable bandage (not less than 7.5cm wide)
- > 2 triangular bandages
- > 1 packet of 24 assorted adhesive dressings
- > 3 large sterile unmedicated ambulance dressings (not less than 15cm × 20 cm)
- > 2 sterile eye pads, with attachments
- > 12 assorted safety pins
- 1 pair of rustproof blunt-ended scissors

Risk assessments will be completed by the class teacher prior to any educational visit that necessitates taking pupils off school premises.

There will always be at least 1 first aider with a current paediatric first aid (PFA) certificate on school trips and visits, as required by the statutory framework for the Early Years Foundation Stage.

There will always be at least 1 first aider on school trips and visits.

## 5. First aid equipment

A typical first aid kit in our school will include the following:

- > A leaflet giving general advice on first aid
- > 20 individually wrapped sterile adhesive dressings (assorted sizes)
- > 2 sterile eye pads
- 2 individually wrapped triangular bandages (preferably sterile)
- > 6 safety pins
- > 6 medium-sized individually wrapped sterile unmedicated wound dressings
- 2 large sterile individually wrapped unmedicated wound dressings
- > 3 pairs of disposable gloves

No medication is kept in first aid kits.

First aid kits are stored in:

- > The medical room
- > Reception (at the desk)
- > All classrooms
- > The school hall / dining area
- > School vehicles

## 6. Record-keeping and reporting

#### 6.1 First aid and accident record book

An accident form will be completed by the first aider/relevant member of staff on the same day or as soon as possible after an incident resulting in an injury

As much detail as possible should be supplied when reporting an accident, including all of the information included in the accident form at appendix 2

Records held in the first aid and accident book will be retained by the school for a minimum of 3 years, in accordance with regulation 25 of the Social Security (Claims and Payments) Regulations 1979, and then securely disposed of.

#### 6.2 Reporting to the HSE

The Head of School will keep a record of any accident which results in a reportable injury, disease, or dangerous occurrence as defined in the RIDDOR 2013 legislation (regulations 4, 5, 6 and 7).

The Head of School will report these to the HSE as soon as is reasonably practicable and in any event within 10 days of the incident – except where indicated below. Fatal and major injuries and dangerous occurrences will be reported without delay (i.e. by telephone) and followed up in writing within 10 days.

# School staff: reportable injuries, diseases, or dangerous occurrences

These include:

Death

- > Specified injuries, which are:
  - Fractures, other than to fingers, thumbs and toes
  - Amputations
  - Any injury likely to lead to permanent loss of sight or reduction in sight
  - Any crush injury to the head or torso causing damage to the brain or internal organs

- Serious burns (including scalding) which:
  - Covers more than 10% of the whole body's total surface area; or
  - Causes significant damage to the eyes, respiratory system or other vital organs
- Any scalping requiring hospital treatment
- Any loss of consciousness caused by head injury or asphyxia
- Any other injury arising from working in an enclosed space which leads to hypothermia or heat-induced illness, or requires resuscitation or admittance to hospital for more than 24 hours
- > Work-related injuries that lead to an employee being away from work or unable to perform their normal work duties for more than 7 consecutive days (not including the day of the incident). In this case, the Head of School will report these to the HSE as soon as reasonably practicable and in any event within 15 days of the accident
- Occupational diseases where a doctor has made a written diagnosis that the disease is linked to occupational exposure. These include:
  - Carpal tunnel syndrome
  - o Severe cramp of the hand or forearm
  - Occupational dermatitis, e.g. from exposure to strong acids or alkalis, including domestic bleach
  - Hand-arm vibration syndrome
  - Occupational asthma, e.g from wood dust
  - Tendonitis or tenosynovitis of the hand or forearm
  - Any occupational cancer
  - Any disease attributed to an occupational exposure to a biological agent

Near-miss events that do not result in an injury but could have done. Examples of near-miss events relevant to schools include, but are not limited to:

> The collapse or failure of load-bearing parts of lifts and lifting equipment

- > The accidental release of a biological agent likely to cause severe human illness
  - > The accidental release or escape of any substance that may cause a serious injury or damage to health
- > An electrical short circuit or overload causing a fire or explosion

Pupils and other people who are not at work (e.g. visitors): reportable injuries, diseases or dangerous occurrences

These include:

- Death of a person that arose from, or was in connection with, a work activity\*
- ➤ An injury that arose from, or was in connection with, a work activity\* and the person is taken directly from the scene of the accident to hospital for treatment o \*An accident "arises out of" or is "connected with a work activity" if it was caused by:
- ➤ A failure in the way a work activity was organised (e.g. inadequate supervision of a field trip)
- The way equipment or substances were used (e.g. lifts, machinery, experiments etc); and/or
- > The condition of the premises (e.g. poorly maintained or slippery floors)

Information on how to make a RIDDOR report is available here:

<u>How to make a RIDDOR report, HSE</u> http://www.hse.gov.uk/riddor/report.htm

#### 6.3 Notifying parents

The receptionist or class teacher will inform parents of any accident or injury sustained by a pupil, and any first aid treatment given, on the same day, or as soon as reasonably practicable. Parents will also be informed if emergency services are called.

# 6.4 Reporting to Ofsted and child protection agencies

The Head of school will notify Ofsted of any serious accident, illness, or injury to, or death of, a pupil while in the school's care. This will happen as soon as is

reasonably practicable, and no later than 14 days after the incident.

The will also notify Essex family operations hub with any serious accident or injury to, or the death of, a pupil while in the school's care.

## 7. Training

All school staff are able to undertake first aid training if they would like to.

All first aiders must have completed a training course and must hold a valid certificate of competence to show this. The school will keep a register of all trained first aiders, what training they have received and when this is valid until (see appendix 3).

The school will arrange for first aiders to retrain before their first aid certificates expire. In cases where a certificate expires, the school will arrange for staff to retake the full first aid course before being reinstated as a first aider.

## 8. Monitoring arrangements

This policy will be reviewed by the Head of School annually.

At every review, the policy will be approved by the board of directors.

## 9. Links with other policies

This first aid policy is linked to the:

- > Health and safety policy
- > Risk assessment policy
- Policy on supporting pupils with medical conditions

#### Appendix 1: list of first aiders

STAFF MEMBER'S NAME	ROLE
Nicola Overland	Head of School
Natasha Magnus	Instructor
Cheryl Murphy	Behavioural Lead
Anna Kinsville	Pastoral and Attendance Lead

#### Appendix 2: accident report form

Appendix 2. accident report form			
NAME OF INJURED PERSON		ROLE/CLASS	
DATE AND TIME OF INCIDENT		LOCATION OI INCIDENT	
INCIDENT DETAILS			
Describe in detail what happened, how it happened and what injuries the person incurred.			

ACTION TAKEN				
	en in response to the ind injured person immedia			st aid treatment, and
FOLLOW-UP ACTION REQUIRED  Outline what steps the school will take to check on the injured person, and what it will do				
NAME OF PERSON	e incident happening ag	jain.		
INCIDENT				
SIGNATURE			DATE	
Appendix 3: first aid training log				
		DA	TE ATTENDED	DATE FOR TRAINING TO BE RENEWED (WHERE APPLICABLE)

Emergency First Aid at Work L3 (VTQ)	Nicola Overland	16/10/2023	October 2025
Level 3 Award in Paediatric First Aid (RQF)	Natasha Magnus	10/02/22	Jan 2025

## **End of Document**