

PSHE

Our PSHE curriculum aims to give children the knowledge, skills, and attitudes that they need to effectively navigate the complexities of life in the 21st Century. The curriculum covers key areas which will support children to make informed choices now and in the future around their health, safety, wellbeing, relationships, and financial matters and will support them in becoming confident individuals and active members of society. Our curriculum covers the Relationships and Health Education statutory guidance (as set out by the Department for Education), including the non-statutory sex education.

The children's learning through their PSHE lessons promotes the four fundamental British values which reflect life in modern Britain: democracy; rule of law; respect and tolerance and individual liberty. Our curriculum is split into the following key areas of learning:

- Families and relationships
- Health and wellbeing
- Safety and the changing body
- Citizenship
- Economic wellbeing.



For pupils who are accessing a curriculum that is pre- key stage one there are 3 areas of focus for learning in PSHE and these are: Self-regulation, Managing relationships and Managing self.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Seedling	Making friendships – making and keeping friends	Us and our World – what does our World need?	Keeping safe: Stranger Danger, Everybody's body (RSE), Road safety	Managing self taking on challenges	Self-regulation: listening and following instructions	Managing self- well-being
Budding	Making friendships – making and keeping friends	Us and our World – what is recycling? What is pollution?	Keeping safe: Stranger Danger, Everybody's body (RSE), Road safety	Family and relationships	Citizenship	Safety and the changing body
Flowering	Maintaining relationships	Us and our World – how can we help out environment? Recycling in our home. Being Eco-friendly.	Keeping Safe: Road safety, Being safe at home, Keeping my body safe (RSE)	Family and relationships	Citizenship	Safety and the changing body
Ripening						Safety and the changing body – SRE unit